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Protests in Ottawa – Members of the Libyan-Canadian committee hold a protest in front of the Parliament Building demanding Libya's president, Moammar Gadhafi's resignation following the crackdown on protesters which to date has killed 230 people with close to 1,400 missing.

# **Continuous support pours in for family** devastated by Trenton house fire

**By Agnes Ramos** 

The Quinte community has opened its heart to help a family in need.

The lives of Linda Brake and her daughter Brianna, 13, were devastated when they lost their home and belongings when fire erupted in their duplex in Trenton last Monday.

Cheri Browning, a close family acquaintance, has spearheaded a relief initiative.

It all began with a text message that Brianna sent to Browning's daughter the morning after the fire.

Browning immediately drove to the hotel where the Brakes were staying and learned that the family lost nearly everything, coming out of the fire in bare feet and wearing just pajamas. It was then that Browning decided to help and "take the bull by the horn".

Since the text message, continuous support from the community has been pouring in.

Browning has received various donations that include school supplies from Staples, quilts from the quilting guild in Trenton, clothing, a TV, a microwave, bedding, bathroom items

"The community just really pulled together. We couldn't want for anything more when we've lost basically just about everything."

Linda Blake

and shoes.

Brianna, who is currently a Grade student and approaching graduation in June, also received a graduation dress donated from a clothing store in Belleville.

There has also been a huge response coming from Queen Elizabeth Public School, where Brianna attends school.

Clinton Breau, the literacy partner at the school, said the school has raised a little over \$900 from a coin drive alone. Funds from a spaghetti lunch, an upcoming family movie night and a bake sale next week will add to the total.

In addition to these fundrais-

ing initiatives, there have been two staff members at the school who have been making daily calls to local businesses, with much success, to receive clothing and household donations.

Browning said she couldn't even begin to explain how wonderful this has been. The Brakes are grateful for the overwhelming heartfelt support from the community, she said.

"Everybody has stepped in. It's just amazing that people have come out of their way to donate...but it's not about the money, it's about the thought."

The family is currently staying at a temporary home where they have little space to store the donations. Browning has been storing donations both at her home and at a garage that someone offered to lend.

She said the Brakes are starting from the ground up and at some point, they're going to need everything from large basic items such as furniture to small household items

such as drinking cups and cutlery. "No matter who it is, I would do it again for anybody. We have a community built on this kind of support.

The community forgets about good things like this that there are good people out there."

The fire started from a space heater in the back room and spread into the walls of the Front Street du-

Chief John Whelan, the fire chief at Quinte West Fire Department, said there was \$250,000 worth of damage. Victim Services and the Red Cross were called to the scene to help the

"It's always great when the community gets involved in these unfortunate incidents," said Whelan.

Linda Brake said that the support from the community has just been unbelievable.

"The community just really pulled together. We couldn't want for anything more when we've lost basically just about everything," said Brake.

"It really pulls at your heartstrings to know that there are still people who really do care out there.'

Anyone who would like to make a donation can contact Cheri Browning at (613) 208-0617.

#### Not all parents get day off for Family Day

**By Clover Raftis** 

Family Day has come and gone and with it begs the question, "Where did the kids go?"

Every year, many moms and dad still head into work, leaving some parents searching for

So, where was the family on Family Day? To top it off, most of the small businesses that many families rely on were not open for the day, which is fine for the employees but some business owners say that it was money lost.

"For small business, it's expensive to stay open. All of the employees would be making double and a half of their wage. Stay closed and they still make their day's wages," said Linda Greer, store manager for Y'wanna Hav'a Cafe?

However, Bev Barry, owner-operator of Aamazing Building Maintenance, said Family Day didn't mean much, other than a nice long week-

"The clients I would normally serve on Monday will have their services either on the weekend or on Tuesday. It doesn't matter to me. I have contracted work, so I get paid either way," said Barry.

Federal employees also headed to work, so who really got this day

Retail services were shut down for the day. Childcare and schools didn't play around with opening their doors either. Banks were locked up tight and industrial plants put a wrench in production for the day.

But for some of these industries, working the weekend wasn't such a bad deal.

Sarah McCormick, an activity aid for Trent Valley Lodge, a Trentonbased nursing home, had to work the long weekend.

She has two children who were both in the care of her boyfriend all day Monday.

"My kids stayed home today with my boyfriend. He doesn't work, so fortunately, I was able to dodge the daycare-being-closed bullet," said McCormick.

"It doesn't really feel like a holiday to me. I guess because it's a new holiday and I get paid my regular wages, it doesn't seem really holiday-ish to me. I also worked the rest of the weekend, so it wouldn't have really been beneficial."

The holiday has been in place in Ontario for three years, and so far federal employees have had to work every year through it. This provincially sanctioned holiday even has some people confused about why it is called Family Day.

"I don't need a holiday to tell me when to spend time with my family. I can do that on my own," said Mc-

# Victoria Cross library comes to Canada

#### Genealogical centre in Ameliasburgh will feature information about medal recipients

By Niamh Malcolm

Ian Reilly's dream came true on Fri-

The Ameliasburgh resident and president of the 7th Town Historical Society has been working with volunteers for two years to bring the Victoria Cross Library to Canada.

'My wife was doing genealogy for her grand niece. One of the things she discovered was that they had a relative, Patrick Roddy, who they were pretty sure had won a Victoria Cross," said Reilly.

Reilly's wife then wrote to the municipal services office in Jersey Isle, England to gather more information about Patrick Roddy. A few weeks later, she received a large envelope in the mail containing photographs, news clippings and other information about Roddy.

After receiving this information, she was put in contact with Tom Johnson, who was compiling information on all of the Victoria Cross recipients.

Two years later, the records have been printed out and are now avail-

able to the public in Ameliasburgh. The Victoria Cross is the highest military decoration awarded for valour in the face of the enemy.

The Marilyn Adams Genealogical Research Centre celebrated the opening of the Victoria Cross library with families of Victoria Cross recipients, members of the community and guest speakers Defence Minister Peter MacKay, MP Daryl Kramp and 8 Wing Commander Col. Dave Cochrane.

They came to recognize the transfer of The Victoria Cross Library from Britain to Canadian soil, marking the first time the entire collection of records will be available in

There is much living military history in this community to say the least. Which is why I am so grateful for the work that you are doing to preserve, promote, to educate not only this community but literally the entire country with such an ambitious effort as this,' said MacKay.

Reilly presented four families with copies of the biographies that contained stories of their relatives, as well as plaques to commemorate the opening of the library.

"I have a personal interest in military history, all things Canadian history. This is such a unique opportunity, such a major accomplishment for those who have been behind this effort," said MacKay.

Queen Victoria founded the Victoria Cross in 1856 during the Crimean War to reward for 'individual instances of merit and



From left Deborah Adams, niece of Alan Arnett McLeod VC, Donna Devolin, niece of John Weir Foote VC, Sister Therese Roddy and Mary Jaynes, grand nieces of Col. Patrick Roddy VC, Walter Rutherford, nephew of Charles Rutherford VC and Terry MacDonald cut the cake together at the opening of the Victoria Cross Library in Ameliasburgh.

Since its inception, it has been awarded 1,359 times to 1,356 people, 94 of whom have been Canadians. As the highest military decoration that is awarded for valour in Commonwealth countries, the Victoria Cross and takes precedence over all other orders, decorations and medals in military matters.

"This library is filled with records

of people who are dead and the library is the living, because you find new things all the time. So it is a living library of mostly the dead," said

## Oldest Bellevillian still loves to make others laugh

Resident Orma Slack shows off her wit at her 108th birthday

By Natelie Herault

Belleville's oldest resident celebrated her 108th birthday this Saturday.

Westgate Lodge nursing home was filled with friends and family of Orma Slack, to which the quick-witted centenarian remarked, "I don't quite know what they're all doing here; I didn't break anything!"

The years have not robbed Slack of her sense of humour. Westgate Lodge staff describe her as being sharp and unafraid to speak her mind.

Among pink tablecloths, China tea cups and birthday banners, Slack sat with her guests in the Westgate dining room to receive her cake. There were only eight candles this year, since the disaster of her hundredth birthday.

"One candle doesn't create much smoke, but 100 is a different story," recalled Slack's son, Ted Slack, 79. "The smoke detector went off, and before we could do anything, the fire department had arrived.

The men looked like astronauts or something with their equipment on and Mom took the microphone and interviewed these 'men from

On her hundredth birthday, Slack also had the honour of receiving a letter from the Queen. She chose to celebrate by going skiing in her

Slack has filled her life with her passions of teaching, gardening and bell-collecting.

She had six children, who went on

to give her five grandchildren and seven great-grandchildren. Ciaran Slack, 8, who attended the birthday party, sees a 100 year age difference between himself and his greatgrandmother.

Other guests at the event included lifelong friends of Orma's, three ministers and family from as far as Ottawa and Hamilton.

Slack has lived in the Quinte region since before the township of Thurlow, where she was born, was amalgamated with Belleville. For many years, she moved around as a result of her husband's job with the Canadian Pacific Railway but returned to Belleville in 1945.

Slack faced many obstacles in the 20th century.

In 1926, when she was married, she was forbidden to continue her teaching career as married women were not allowed to teach. It wasn't until after the Second World War was over that this law was revoked and Slack was able to continue with her passion.

It was then that she began teaching at Prince of Wales school in Belleville. Slack often referred to her students as 'scamps,' and 'hard to handle,' but son Ted never once recalls her deeming anyone a 'bad student.'

In one memory, Slack confiscated a snake from a fidgety student and put it in her top drawer until recess.

By the time recess came, she had forgotten all about the reptile and was in the yard when she was approached by the principal looking for something.

She directed him to its spot in her top drawer.

A few minutes later, the principal came storming out of the school, trailed by a Grade 6 girl holding the



A Westgate Lodge nursing home staff member lights the candles on Orma Slack's birthday cake in celebration of her 108th birthday. Slack is Belleville's oldest resident.

snake and yelling, "Mrs. Slack! He let your snake out!"

After teaching for several years, Slack was reviewed to be the new principal of Prince of Wales. The inspector is said to have remarked "She's the best teacher we've got, that's for sure, but principal's no damn job for a woman!'

Slack received the job and continued teaching until she retired at 64. But this would hardly be the end of her ties to Prince of Wales.

In her time at Westgate Lodge, Slack happened to share a room with one of her former students. She recalled the student had been the bad one of her siblings, a fact she didn't hesitate to share.

Slack has maintained her wit and sharp tongue for 108 years. She treasures her independence and doesn't seem at all fazed by the growing number that is her age.

Asked the secret to her life's longevity, Slack thought for a moment and then declared, "I'm not telling!"

### Junior Iron Chef competition wraps up on weekend

**By Aaron Hinks** 

Lamb, beef tenderloin, baked beans and a chef's choice of dessert were on the menu at the Junior Iron Chef competition Saturday.

The 10th anniversary of the competition finals took place Feb. 19 at Loyalist College.

Holy Trinity Catholic Secondary School from Courtice took home the gold, followed by Loyalist Collegiate Vocational Institute, and then Prince Edward Collegiate Institute in third. The first-place winners received a Kitchen Aid Mixer worth \$700, a \$300 gift certificate

to Trent Valley Distributors and the trophy. PECI students tried to defend the high school's golden position from last year. "I think we could have done better but I also think we knocked it out of the park," said Lindsay Palacious, 16, a PECI competitor.

"Our ice cream didn't work because it frustration. However, we stayed taste the work.

event: a Loyalist alumni, Chef Heinz Haas; an executive chef of Ste. Anne's Spa, Chef Christopher Ennew; a current Loyalist chef, Chef Pat Forrester and a second-year student chef, Emileigh Kozdas.

The quality of the food has elevated so much from when it started 10 years ago," said Haas. "It's good for the industry, the school, as well good for the students. I hope they continue with what they are teaching in the culinary classes. I am happy with the performances today."

"It is definitely a letdown, but not a big deal. We made it to finals and I am proud of my team," said

### Veteran says government needs to do more

MacKay announcement misses core issue, says Wounded Warriors founder and president

By Adam Jackson

In an effort to help injured and ill veterans, Minister of National Defence Peter MacKay announced the federal government will be building five new Integrated Personnel Support Centres across Canada, including one in Trenton.

The new centres will be built in Trenton, Comox, B.C., Cold Lake, Alta., Borden, Ont., and Bagotville, Qué. The five new centres bring the Canadian total to 24. All will be located at the bases in the respective cities.

"I like to think of it as one-stop shopping," MacKay told the media in Belleville on Friday.

The new centres, as well as the current ones, include services such as psychiatric help for returning soldiers as well as help for injured and ill personnel with their day-to-day

"Some of the personnel coming back from Afghanistan suffer from issues like post-traumatic stress disorder and we need to address those issues," said MacKay.

The issue of mental health is something the federal government has been keeping a close eye on, the minister said. To combat these problems, the government has doubled the number of mental health professionals at the centres, MacKay added.

MacKay visited CFB Trenton for the first announcement regarding the centres, then travelled to a military museum in Ameliasburgh before speaking to more than 100 Conservative faithful at the Ramada conference centre. His address at the Ramada was closed to media.

MacKay stressed veteran affairs are important to the federal government and that they need the support of these centres.

"We are constantly upgrading our services for veterans," said MacKay.

Cpt. Wayne Johnston, president and founder of Wounded Warriors, welcomed the announcement but said that the government needs to do more.

Johnson served for 38 years in the Armed Forces and suffers from post-traumatic stress disorder.

"The Minister of Veterans Affairs has to step up to the plate," said Johnston. "Yet again, they avoided the core issue."

The issue that remains for the Johnston is the issue of lump sum versus monthly payments to those who are injured or ill. Johnston insisted that veterans receive a monthly payment to compensate for their injuries, instead of a lump sum.

"A lot of veterans suffer from posttraumatic stress disorder and are severely affected by it. Who's going to hire them?" said Johnston.

# Partnership helps kids with literacy

Rotary Club and YMCA joined forces to offer free program

**By Audra Kent** 

Thanks to a partnership between the Rotary Club of Belleville and the YMCA of Belleville, children in our community are being offered a free program to hone their literacy skills.

The Each One, Teach One project is designed for children ages six to 13, an age range that is considered to be critical.

"We want to try to catch the kids before they get to high school so that they're more prepared for high school, so they don't fall underneath the radar," says Jeanette Barker, the YMCA co-ordinator of the Each One, Teach One program. Michael Maloney of Belleville, co-

author of the award-winning Teach Your Children to Read Well training system, is the trainer for the Each One, Teach One program. He is also the founder of Quinte Learning Centre Educational Services and chair of the Rotary Club of Belleville literacy committee. In his book, Teach Your Children

Well, Maloney opens with the following statistics: "One in four North Americans can't read a newspaper. Eight per cent of university graduates, 11 per cent of college graduates and 17 per cent of high school graduates are illiterate."

These figures are based on a study published by Canada's Council of Education Ministers in the 1980s, but Maloney says the study has never been replicated because "they don't want that data out there."

There's certainly no shortage of children that actually need the help," says Greg Knudsen, a member of the Rotary literacy committee, and the Rotarian "quarterback" for the program.

However, the biggest hurdle the program is currently facing is a lack of tutors. Of the 14 children registered, only six have been paired with a tutor.

"It's a very simple training program. It'll take four to six hours for somebody to get trained," says Knudsen.

Tutors are trained by Maloney. After completing the training session, participants must do a verbal test with Maloney to ensure accuracy as an instructor.





In a quiet room at the YMCA of Belleville, Jeanette Barker, YMCA co-ordinator of the Each One, Teach One program, tutors Grade 7 Queen Elizabeth school student, Brody Hitchon, 13.

"Anyone can do it. You just follow it step by step. It's very, very easy. Anyone can just pick this up and just do it. That's what makes it so good," says Barker.

Once qualified, it is hoped the tutors will commit to two one-hour sessions every week with at least one child until the training is complete. Each session is conducted one-on-one. The length of time required to complete the program depends on each individual child, and during every session, the child's success is measured and recorded. This, says Maloney, is what makes the Each One, Teach One program

so unique. "There's no continuity in programs that most literacy groups use. It's all kind of - do the best you can.

"We can take this program and we can insert a different tutor every single time the child came in and that tutor will know exactly what to do and will know exactly what the child does and does not know. It's fundamentally different and sets our kids up for success," says Maloney.

The Each One, Teach One pilot project is currently set to run until June, however, organizers are hopeful the program will continue.

"It's something we'd like to see every Rotary Club and every Y across the country do," says Maloney.

Another tutor-training session, to be held in the offices of the Quinte Learning Centre Education Services, is scheduled for the beginning of

Knudsen encourages high school students to become involved. Acting as a tutor will enable them to achieve the 40 hours of community involvement required for an Ontario secondary school diploma.

The only prerequisite is the ability to read well. A criminal record check is also required.

There is no fee to be trained, nor is there any cost for supplies.

"My company, QLC Educational Services, provides the materials at our cost," says Maloney.

"The Y absorbs all of the overheads for the room and the heat, all of that," he says. Each One, Teach One was first

launched last month. Corrie Hitchon's son, Brody, was

among the first to be enrolled, and Hitchon is happy with the results so "Brody is thoroughly enjoying it,

and that's what matters most," says Hitchon. "The teacher tells me that they're

noticing a big difference in Brody's reading ability," she says. Perhaps Brody, 13, a Grade 7 stu-

dent at Queen Elizabeth School,

is the best endorsement for the

program. He says he now enjoys reading books like Bone, Diary of a Wimpy Kid and Artemis Fowl. "It's fun here. I'm able to read

## Arm wrestlers strut their stuff on weekend

#### Belleville Armwrestling Club hosts teams from across Ontario

**By Agnes Ramos** 

The two men link hands.

For a split second, they look in-

tensely into one another's eyes. But then, their gaze quickly shifts to something more important - their own hands.

An immense surge of power is released from both contenders, sometimes accompanied with a terrifying grunt and, in a blink of an eye, someone is a winner and someone is a loser.

The 10th Arm Melter Armwrestling Tournament brought teams from across Ontario, as well as a team from Quebec, to Wahoo 2 Sports Bar and Grill in Belleville on Saturday.

Competing in different weight divisions, teams such as the Belleville Armwrestling Club, the Ottawa High Hookers, the Meta-Hook Armwrestling team, the Mapleton Madness and the Buckhorn Arms Armwrestling team came together for beers, bar food, rock music and some hardcore competition.

Something as familiar as arm wrestling isn't actually as simple as it sounds. There are rules, just as every other sport.

Each contender must always have their elbows always on the pads, always make contact with pegs, and always have an eye on their hands, to prevent injury.

Before any pulling can start, both contenders must show their thumb knuckles and have their shoulders straight across and square to the table.

Arm wrestling isn't just about strength. There is training and technique involved.

Mike Gould, 46, who took home the Super Match right hand overall championship belt at the tournament, is described by his peers as "a

Gould won the 1994 world championships in Sweden, the 1999 world championships in Tokyo and then went on to win 17 national champi-

But legends like Gould didn't begin their careers winning and taking home championship belts. Gould realized his love for the sport back in 1988 and has been at it ever since.

just always really liked the sport. But I didn't realize it was such a sanctioned, organized event. I went to an event and really liked it. I met a lot of guys and realized there was so much organization to it...and I also realized I wasn't very good at it."

Being a champion takes a lot of time, hard work and training, he

"I started training with some guys and it went from there. It took a lot of time, but I slowly got better," said

Gould attributes his impressive amount of wins to the fact he's a veteran to the sport.

"I've just been at it for a long time. It takes so long to develop the strength because it's such a unique muscle group. The longer you're at it, the stronger you get," explained

Another one of the highly regarded arm wrestlers at the event was Nicola Gazzetto, 38, from the Ottawa High Hookers team. He said he loves



Andrew Scott of the Buckhorn Arms Arm Wrestling team goes head to head with Jeremy Johnston of the Belleville Armwrestling club during the men's 221-pounds-and-up weight division with the right hand.

arm wrestling because of its universal appeal. Gazzetto explained that everyone in the world has arm-wrestled, but not every one in the world has played hockey.

Gazzetto hits the gym four times a week and has been arm wrestling for 26 years. Originally from Italy, Gazzetto has won 24 Italian championships.

So how does somebody become an arm wrestler and prove themselves against big time winners such as Gould and Gazzetto?

"You can just show up at this or any tournament, put your arm on the table and you are essentially an arm wrestler at that point," explained Gould's younger brother and event organizer, Joe Gould.

"But most people train at a club. We have a great club in Belleville the Belleville Armwrestling club. It's been going for more than 10 years,' said Joe Gould.

"Anyone serious about arm wrestling should really get involved with a club. That's when you're learning the techniques, how to build power, and how to be a champion."

# Lancers women make it to finals

Loyalist women win, men lose semi-final in cross-over matches held at Loyalist

By Mihal Zada

tersweet for the Loyalist Lancers. For both the men's and women's teams, the games would decide whether each would move on

Both men's and women's Redeemer Royals volleyball teams visited Loyalist from Redeemer University College for the semi-final game. The Royals are from the Ontario College Athletic Association (OCAA)'s western

Statistically, the Lancers had stronger teams than the Royals and a very good record at home. They were in a strong position

Still, the Lancers' men's team were not at their peak, losing three sets in a row. Their season is now over.

The women's team, however, won three sets. That moves them up to the OCAA women's volleyball championships.

The women played a strong, focused game. They kept a sturdy lead throughout. The first set ended at 25-18 against the Roy-

In the second set, they came out even stronger, winning 25-16. Then they swept the third set, winning the game and sending the girls off to the championship.

Assistant coach Dominique Dawes said the girls have worked really hard this season to make it as far as they have.

Leighann Bishop plays setter and is one of Saturday's key volleyball matches were bit- the team leaders. She shared Dawes' senti-

> don't think anything else could explain it but that. I'm really proud of my team. We played great. And I'm glad we took it three straight.'

> Bishop showed an excellent attitude about making it to the finals.

> "I'm just glad to be in it," Bishop mused. "Whatever happens, I'm going to be proud of my team either way."

> The championship games will take place next weekend at Loyalist. Eight Ontario teams, four from the east division and four from the west, will compete for the top two

> The winning teams will move up to the national championships, run by the Canadian College Athletics Association. Those games will take place at the University of New Brunswick's Saint John campus on March



Averil Luck, left, and Sherene Einarsson reach for a ball that was volleyed into the Lancers' court.

### Bulls take one, lose one over weekend matches

Bulls now two points out of final playoff spot in Eastern Conference

By Adam Jackson and Janek Lowe

The Belleville Bulls achieved a .500 record for the long weekend.

With a win against Sault Ste. Marie in the shootout Saturday and a tough loss against the Peterborough Petes Monday, the Bulls' overall record for the season is 16-36-4. Good enough for last place in the eastern division.

Saturday's game against the Sault Ste. Marie Greyhounds started well for the Bulls with a goal from both Adam Payerl and Carter Sandlak in the first. But the momentum quickly changed with five minutes left when Greyhounds winger, Rudy Sulmonte pocketed his ninth of the season.

The Greyhounds added two more to the scoreboard in the third, thanks to defenceman Ryan Sproul and winger David Broll. The Bulls quickly answered back, though, knotting the game up at three with a big goal from Payerl, his second of

Overtime was five minutes of endto-end hockey with Greyhounds goalie Matt Murray and Bulls goalie Malcolm Subban stopping 38 and 24 shots respectively.



Belleville Bulls' Adam Payerl scores on Sault Ste. Marie Greyhounds' goalie Matt Murray in the shootout at Yardmen Arena Saturday. The Bulls defeated the Greyhounds 4-3.

The game was to be decided in Payerl and captain Luke Judson Bulls managed to take the win, much the shootout. With goals by both and two solid saves by Subban, the to the delight of the 2,934 in atten-

dance at Yardmen Arena.

On Monday afternoon, 3,275 fans watched the Bulls take on the Peterborough Petes at the Yard-

The Bulls drew first blood in this highly physical game with a goal from winger Sandlak in the first period. But the Petes' winger Luke Hietkamp answered back to tie the game up near the end of the first.

The Bulls generated good scoring chances but failed to capitalize on rebounds, getting outshot 37-29. The Petes' Austin Watson scored at the top of the second and with Matt Puempel's insurance goal on an open net in the third, defeating the Bulls

"This was a big game for us and we just didn't get the job done," said Bulls centre Brendan Gaunce in an interview after the game. "We need to score if we're going to make the playoffs." With 12 games left in regular sea-

son play, the Bulls travel to Peterborough Thursday night where they have a 2-0 record this season. "Every effort is huge," said Jud-

son. "Everyone's got to come to the rink excited for the playoff race.'

We're going to put our season on the line," said Gaunce during a postgame interview. "That's the mindset that we're going to need to have to win those games.'