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Loyalist College · Belleville, ON · Canada

Students of



Photo by Brynn Campbell

Eunice Jolley poses for a portrait in front of one of her many paintings. Jolley took up painting about 20 years ago when she started to experiment with oils, watercolors, and acrylics. "I just love it, that's all," Jolley said in regards to her hobby.

Art community finds home

Local artists of limited means get place to show work

By Brynn Campbell

Struggling artists' work has found a free home

Thirteen unique artists joined together to form Artists Below the Line, an art community for local artists of limited means.

It began when founders Lisa Morris, Peter Paylor, and Kenny Leighton found a venue for artists without disposable income with the help from the CORE Centre on Pinnacle Street in Belleville.

Artists Below the Line isn't just about selling a few paintings: this small community has become therapy for some and even given others a sense of purpose.

"You have a 22-year-old young man, who is from Mexico, who has found this community, that has accepted him as an artist, as a friend. He is sitting across from an 88-year-old woman who is all excited because she found this group. They are worlds apart but they have this common thread," said Morris.

nread," said Morris.

That 88-year-old is Eunice Jolley, who

joined Artists Below the Line after she discovered the group in an ad in the

"You can only do a certain amount of knitting and embroidery," said Jolley. "This group has given me something to look forward to. I am part of a group that has the same interests as I do. Anyone that can draw a line should come out."

Morris recalled how Jolley confronted her about the group and said, "Honey, you have no idea what this means to me. I've got a reason to get up in the morning."

"It's almost a compulsion," said Jolley.
"You just have to do it. When you get started you can't leave it."

The 13 artists will be displaying their work at the first show starting Feb. 29 at the CORE Centre. Each artist has a unique style, not the typical landscape-

and-portrait crew.

"Not everyone plans on selling their art." said Paylor.

"I think for a lot of us it is about the community we are creating and the support. It is about having a chance for some other stuff to be seen."

Cofounder Leighton will be among those displaying their work.

Leighton uses a combination of many medias for his artwork: acrylics, water-

colors, oils, markers, T-shirt paints, liquid paint and even bingo dabbers.

"I am all about displaying it. I don't care about selling pieces or anything like that. I just want to have pictures up in legitimate places," he said.

"They aren't photos, exactly; they're not paintings exactly either. They're somewhere in between. For me it is very therapeutic."

What started out as three friends discussing how artists of limited means could showcase their work turned into a reality.

"We would talk about art, and we would talk about the venues that are available for artists in town," said Paylor. "Especially for those who were doing something slightly different. They don't really have much of a chance to show work in

the venues that are available now."

Most venues in Belleville require a fee to join the gallery, or to hang pieces.

"The people who do paintings or photography have to properly frame their work. The costs a lot are higher," said Paylor. "It means that people with limited means are shut out, not just of showing the work, but sometimes of creating the work, so that is where it started."

ork, so that is where it started."

The founders were later inspired by

"Art on the Street," put on by Kingston Street Health. Kingston Street Health used an old storefront to display the work of people dealing with homelessness and mental health issues.

"It's not a show about the street; it's a show for artists," said Paylor.

"We met an artist from Belleville. He was telling us about his work and that he had participated in the show for a couple of years. He was telling us that he had stopped doing art, and ended up in the hospital. When he started doing art again he felt well. He talked about how doing art was an important part of working around his mental illness."

After the event in Kingston, the group felt determined to get something underway

Paylor and Morris checked out the CORE Centre one day, where they explained their ideas and ambitions to the staff. Ideas became reality and dates were set for when the first show would be dis-

The 13 artists have been busy preparing for the gallery where their alternative styles of art will be displayed.

The show runs Feb. 29 to March 10. The gallery is located at 223 Pinnacle St., across from the Belleville Public Library.

announced its Capital Investment Pro-

gram, the corporation also indicated train

According to Andrews, commuter

"One of the biggest changes that affects

trains to and from Toronto will remain

Belleville is that the late train to Montreal

will only go as far as Kingston," he said,

noting that all changes will come into ef-

For students and commuters who

use the train as a main source of trans-

portation, there are generally very few

complaints about the adjustments to

from Toronto isn't changed, I person-

ally won't be affected," said Anna Kent,

a second-year student at Durham Col-

lege who frequently uses Via services

to come home to Belleville on week-

"As long as the daily train to and

schedules would change.

unchanged.

fect today.

service.

ends.

business and justice programs can complete degrees in half the time

Agreement with universities offers online opportunity

By Joanna Becket

Loyalist College graduates can now complete their business and justice degrees – online – and in half the time.

On Jan. 16, the college announced it had signed a memorandum of understanding with the University of Fredericton, in N.B., and Husson University, in Bangor, Maine, that would allow graduates of Loyalist's School of Business and Management Studies and the Centre for Justice Studies programs online opportunities to complete their university degrees.

"Having the combination of a college diploma, a university degree, and an MBA puts that graduate in a different light when viewed by an employer," said Dan Holland, Dean of the Schools of Business and Management Studies, and Biosciences, and the Centre for Justice Studies at Loyalist College.

"I think the community colleges do a great job in training students in applied skills," said Holland. "This initiative offers new pathways to degree completion for our graduates.

"I've signed a lot of these types of transfer agreements and I think this is probably one of the strongest ones ever negotiated," said Holland. "Many of the Loyalist programs allow students to transfer their Loyalist credits towards a university degree.

"But this one is different in a couple of ways," he said. "It's the first tri-party agreement I've seen – with Loyalist College, Husson University and the University of Fredericton partnering – and the first agreement that recognizes Loyalist in a substantial way"

Husson University is a private university accredited by the New England Association of Schools and Colleges, one of the top accreditation agencies in North America.

The association has also accredited Harvard University and the Massachusetts Institute of Technology.

"That says a lot," said Holland.

With this partnership, all graduates of Loyalist College's School of Business and Management Studies and the Centre for Justice Studies programs will have the opportunity to transfer to Husson College for the fourth and final year of the bachelor's degree programs.

As students in Husson University's online diploma-to-degree programs they will work toward a bachelor of science in business administration or a bachelor of science in criminal justice

The programs are delivered through the University of Fredericton's online learning platform.

"Loyalist students are given three years of credit for two years of study at Loyalist," said Holland. "Qualifying students can get up to 90 credits toward their four-year program which requires 120 credits. And they can do it online.

"As a past graduate, you could actually be in the workforce and already working in your area of interest. Or you can graduate and start working right away. It's not mandated that the program has to be completed in one year," said Holland.

Students completing the Husson University programs will receive a certificate in applied management from the University of Fredericton. They are then eligible to apply for the university's one-year online MBA program

For students taking the university route it traditionally requires six years to complete an MBA.

Add it all together with this program, a student earns a college diploma, a university degree and an MBA in just four years – half of the time it usually takes.

Tony Pilon, 26, a third-year business administration student at Loyalist, responded enthusiastically to the news that the program was now available.

"Wow! Jeepers! That's amazing!" he said. "I just hope I'll be eligible for it. Normally it would have taken two years for a bachelor's degree and two years for an MBA. I never really thought about going to the level of a master's degree. There's hardly any barrier to entry and it's time-sensitive. It's pretty cool."

"I'm a big believer in continuing education," said Holland. "Never stop learning."

New train station almost ready to pull into town

Station expected to be open by the end of March

By Mallory Haigh

Belleville is one step closer to having a new accessible and modern train station.

J.J. McGuire General Contractors of Pickering, under contract with Via Rail, has almost completed construction on the \$7-million train station and line upgrade. The station is expected to be open by the end of March.

The original station at 222 Station St. was built in 1856, and was designated a National Historical Site of Canada in 1973.

In 2007, after Via launched the Via Rail Capital Investment program to overhaul and modernize rail travel in Canada, the Belleville stop was slated for the construction of a new station to better meet the needs of travellers.

Among accessibility and environmentally-friendly upgrades, the new station will change the overall way passengers are moved on and off the trains. The use of elevators on both sides of the new loading platform, as well as energy efficient lighting and heating systems, make the building a modern upgrade to its historical counterpart.

Steven Metcalf, J.J. McGuire's construction manager for the Belleville project, expects construction to be completed in early February.



A man waits for the 3:15 p.m. VIA Rail train en route to Toronto, at the Belleville train station, which is currently under renovations. VIA Rail is adding a number of trains to the schedule, starting on Tuesday, Jan. 24.

"We will then turn things over to Via," Metcalf explained.

"The biggest design change we have been tasked with is to install a central platform. This enables passengers to load from three lanes rather than one, and is much more efficient in terms of moving paople." Metcalf said

people," Metcalf said.

Via Rail Ontario spokesman Malcolm
Andrews said that construction is on

"Once we take over from the contrac-

tors, the station will be open for business in March," he said. "We are exactly on our \$7-million budget."

The new station development is also part of the Government of Canada's Economic Action Plan, the economic stimulus plan designed to create jobs as well as improve infrastructure throughout the

A new building and renovated tracks aren't the only thing expected to change with the new station, however. When Via

Loyalist general arts and science student Ryan Bell, who calls Ottawa home, also doesn't see the changes as a problem. "It's not like I ever took the late train (to Montreal via Ottawa), so the schedule shift doesn't change anything for me."

Via Rail has accommodated travellers to all destinations with its changes. Two new trains have been added to the Montreal-Ottawa-Toronto corridor, in order to replace the late-night route from Toronto to Montreal. This, said Andrews, will enable more people to get to where they need to go more quickly.

New schedule changes are available on Via Rail's website at www.viarail.ca.



John Wendling pushes his way through some shoulder presses as he pursues his goal to lose 200 pounds. Beginning at 380 pounds, Wendling is already 75 pounds closer to his goal.

New year brings new body

By Sherry Tompkins

Lose weight or die. John Wendling didn't have much of a choice.

Two hundred pounds overweight, a heart condition, diabetes, high blood pressure, his life literally on the line, Wendling discovered a new motivation to live.

At 380 pounds, 5' 7" tall, Wendling, of Deseronto, felt as though he was about to have his fourth heart attack. "I knew that I had to do something," says Wendling.

Wendling discovered that he had four grandchildren that he had not previously known about. That gave him four new reasons to live. "Before I found out about Rob and the kids, I didn't really know that I had any family to live for. Now I have a reason to stay around," said Wendling.

The government had just approved performing gastric bypass surgery, so Wendling visited his doctor to sign up.

"The thing is," Wendling says with amusement, "before you can have the surgery, you have to drink shakes for eight weeks."

Out of desperation, Wendling welcomed an alternative to the surgery.

"I had a friend who had just lost 40 pounds by using Isagenix. So I thought,

'Why not try it?""

Isagenix provides a range of products, which are intended to remove toxins and impurities from the body and supply it with the optimum level of nutrients.

Wendling tried the nutritional program and lost weight immediately.

Because of coronary artery disease, Wendling's doctor would not permit him to add exercise to his weight loss regimen for the first three months.

In November, Wendling contracted pneumonia and ended up in the hospital. During his stay he did indeed have his fourth heart attack.

"The table they put you on to do angioplasty has a weight limit: it's 330 pounds," said Wendling. "When I got to the operating room, I was exactly 330 pounds."

During his post-operative appointment on Nov. 17, of last year, Wendling was given a cardiac stress test, successfully exercising for 3.3 minutes. It was then that Wendling was given the go-ahead to begin an exercise program. His doctor wrote a prescription note to a personal trainer, "exercise no limit."

Wendling then enlisted the assistance of certified medical exercise specialist, Andrea DiRocco-Supryka at Belleville's One

"The thing that drew me to John was you could see his inner spirit, and inner desire to make a change. That's what will make a difference," said DiRocco-Supryka. She explained that when a person sets out to lose a large amount of weight, there are a great many aspects to the process. There can be medical issues, emotional hurdles, and habitual facets.

Over four months and 75 pounds into the process, DiRocco-Supryka is impressed with John's progress. "John is determined and dedicated," she said.

Wendling's workout currently consists of doing two rounds of 12 laps walking around the gym, followed by two 17-minute sessions on a recumbent bicycle. He then alternates squats, lunges and pushups on different days of the week.

Currently, a 12-lap round takes him 12 minutes, down from 20 minutes when he

"When I began, I was taking 300 units of insulin per day. Now I'm down to 30 to 40 units. I was taking two blood pressure medications and now I just take half as much of one of them and the other one is gone." beams Wendling.

"My lungs are working better; my pan-

creas is working better; my blood pressure is better and I don't get tired as much.'

Wendling started a Facebook page to track his progress, www.facebook.com/ GettinThin.

"A lot of people tell me that I'm an inspiration. That if I can do this at my age, then they can do it too," said Wendling.

Joe Roberts, known as the Skid Row CEO, and a classmate of Wendling's in the business-marketing program at Loyalist College commented in a letter to Wendling, "Sir, you are an inspiration. You are someone's catalyst....all should become reality should we only have the courage to change the things we can."

According to Wendling, Isagenix has only five members belonging to the 200 club, those who have successfully lost 200 pounds or more. Wendling intends to be the next member.

Wendling's success led him to enter the Isabody Challenge, a contest for weight loss. Wendling will be in the men's 50-plus category. The grand prize winner will win \$25,000, a personal makeover and photo shoot, personal training and fitness train-

ing.
"I'm going to win," Wendling said with determination.

Increased funds for **United Way** to help in development

Over 45 organizations with over 80 programs get agency funding

By Zachary Greco

The United Way of Quinte has just seen its greatest increase in fundraising in the past 10 years as the 2011 campaign hit \$1,807,488. This is a 10-per-cent increase from \$1,636,268 raised in 2010.

The money raised in this year's campaign will be used to continue the support of the not-for-profit charitable sector in Hastings and Prince Edward counties.

The United Way of Quinte funds over 45 agencies in the area with over 80 programs run through those agencies. Gleaners food bank, Big Brothers and Big Sisters, the YMCA and the Canadian Red Cross are some of the agencies receiving support from the

This year's increased funds will allow for the development of new funding streams that will help other community-wide initiatives. New programs being developed include a youth leadership program, a partnership grants program for community-wide organizations partnering up with one another and an organizational capacity program to help small organizations that don't have the financial resources.

"This is a credit to the community," says executive director Judi Gilbert. "It is definitely a community achievement and I am truly amazed at the level of giving in a time of such economic uncertainty.

"We should never underestimate the generosity, kindness and compassion of people throughout the Quinte region," said campaign chair David Allen at the annual achievement celebration last Thursday night at the Empire Theatre.

"This number tells a story, it tells me that the people of the Quinte region get it and they understand how to build a community," said Allen in a press release. "It tells me, that even during these challenging economic times that people care, they care about our community, they care about their neighbours, they want to make a difference."

"This year's incredible result certainly says to me that we are firing on all cylinders," said chair of the board of directors Rosemary Judd-Archer.

In the press release, Judd-Archer said the board is moving the organization forward. "Our management team and staff members are focused on achieving results and our donors - individuals, workplace teams and companies - have demonstrated their belief in us through their incredible financial support."

Cruise offers a week in paradise for student

Photojournalism student shares experience of Disney vacation

By Kayla Allen

I am scared to be on a cruise the week after an Italian cruise boat sunk after hitting a rock, I think to myself as I look to my right and see the captain of the Disney Magic

It's a difficult moment, but the fear comes to me fast as I see my family walking ahead of me. Vacation is a time to relax and spend time with the people you love, not a time to worry about accidents that have happened. Accidents do occur, but they are just that, an accident.

The warmth on your skin as you walk towards the loading gate for the Disney Magic cruise ship fills you with joy.

Hundreds of little girls run around in their princess dresses and all the little boys walk around with their pirate swords looking forward to seeing Mickey and Minnie Mouse makes you feel like a kid yourself. All the smiles from ear to ear make you wonder if anyone has even heard about the Italian cruise ship, the Costa Concordia, which left six people dead and 29 are still

After you check in at the gate, you make your way through the big yellow Mickey Mouse ears toward the ship. "Welcome the Allen family!" is all you hear as you take your first footsteps on to the Disney Magic. All the cheering and clapping makes you feel right at home. Myself and eleven other family members have now started our seven-day vacation to the Eastern Caribbean islands.



Kayla Allen

sitting While through the mandatory safety evacuation drill before the cruise sets sail, I look down the fourth floor deck and see everyone lined up in lines of four. While parents try to keep their restless children in line, the evacuation leaders

all turn on their megaphones and say, "You have now all started your evacuation drill." The safety drill explained how to make your way toward the safety boats if there



ST. THOMAS, US Virgin Islands – The majestic Disney Magic is seen anchored in St. Thomas on Tuesday Jan. 17. St. Thomas is the second destination that the Disney Magic visits during its seven-day Eastern Caribbean cruise.

was ever an accident and how to use your Ten minutes pass and the drill is now complete. Now I know that if anything ever happens to the Disney Magic while I am on

board, it's a complete free-for-all race toward the safety boats. I try to keep thoughts about the accident out of my head as I walk into line at the first buffet on the cruise. During my vacation I took the opportunity to ask seven different people on the

Disney Magic if they were scared to be on a cruise after the terrible tragedy that happened on Jan.13, 2011.

When Loyalist student Kayla Allen vacationed on a cruise last week, she asked the following to guests of the cruise:

Question: How do you feel to be on the Disney cruise when last week an Italian cruise ship, the Costa Concordia, sunk after crashing into rocks.



Barbara Supien, Tampa, Florida, "I have travelled 49 times on different Disney cruise ships and I'm absolutely not scared at all. I plan on going on my 50th Disney cruise."



Chris Depippo, Toronto, Ont., "Yes, I am terrified to be on this cruise after I heard that an Italian cruise ship that sunk last week. I hate even going on a sail boat."



Garret Depippo, Chris Kelsey, London, England, "I am not Toronto, Ont., "This scared at all to be is my first cruise and working on the I don't ever want it to Disney cruise after I end. I hope no one heard that an Italian has to go through what the passengers cruise ship had sunk. After all, Mickey is the of the other ship had to go through." captain on this boat."



Harrison Depippo, Toronto, Ont., "This ship is full of fun things to do! You never have time to think about stuff like that."



Luis Perez, "No, I have been working on the Disney cruise for two years and that thought never passes through my mind."



Basketball team welcomes new head coach

Whitfield brings five years of combined experience as coach and varsity player

By Rachel Cohen

The Loyalist Lancers men's basketball team has hired a new head coach for the 2011/2012 season, Richard Whitfield from Napanee.

Whitfield brings more than five years of combined experience as a coach and varsity player. Whitfield coached the Guardsmen Basketball Club and La Salle Secondary school teams in Kingston. Serving as assistant coach at Kingston's Royal Military College for a year, Whitfield also played varsity with RMC and St. Lawrence College, where he won rookie of the year.

"Coach Whitfield has done a great job so far," said Jim Buck, manager of athletics and campus recreation at Loyalist. "Although it's his first year here at Loyalist, he has shown his commitment through challenges, and making adjustments with the team. It's a learning process for every-

Whitfield worked hard to actively recruit players throughout the province for the fall season.

"He has a great list of contacts in the basketball community," said Buck. "There are always the challenges of recruiting locally; it's never enough. He was very active in the recruiting camps this season. The program keeps getting better and

"It's been a rollercoaster ride so far," said Whitfield. "These boys are a wild breed. It will take time for the team to get used to my disciplined style of basketball."

Loyalist Lancers veteran Nick Liard has been impressed with Whitfield's winning attitude.

"Rich has a very strong way of coaching. I've learned more this year alone, than any other year I've played basketball," said Liard.

With the former coach Darrell Mc-Grath being replaced, the change in pace hasn't gone unnoticed.

"Where coach McGrath would have us in the gym three times a week, coach Whitfield expects us to invest every day," said Liard "I feel like I'm playing in a university program. His intense competitive mentality is exactly what we need to go deep in the playoffs."

Whitfield's coaching résumé extends across the university level or higher.

"I was very fortunate to learn many of the fundamentals and strategies under the leadership of Dave Smart," said Whitfield.

Smart has served as the head coach at Carleton University in Ottawa since 1999, leading the Ravens to seven Canadian Interuniversity Sport national champion-

Our goal for this season is to learn



Richard Whitfield, head coach of the Loyalist Lancers, offers encouragement to his team Jan. 20 against the Durham Lords. The Lancers, who are currently ranked 8th in the east region, lost the game 91-71.

how to play disciplined," said Whitfield. "Consistency is key. It's my job to teach my team to be defence-minded, which will transfer into wins on the court."

The Loyalist Lancers will pick up their next game on Friday, Jan. 27, when the team visits La Cité, and Algonquin College in Ottawa the following day. The

Lancers will look to gain momentum from a couple of wins on the road to put themselves in a good spot for the next four consecutive games at home.

Bulls continue losing ways with defeat to Kitchener Rangers

OHL team failed to break home ice losing streak

By Jessica Corriveau

In a disappointing 5-4 loss to the Kitchener Rangers, the Bulls failed to break their home ice losing streak last Saturday, Jan 21. The trend continued with a 3-2 loss against the Kingston Frontenacs on

Saturday night, with the Belleville Queen Elizabeth Public School's O'Canada Choir, made up of kindergarten through Grade 8 students, singing the national anthem, the mood in the arena at the start of the game was positive, with fans keen to cheer on their home team.

The Bulls themselves were seemingly poised to give the Rangers a run for their money and the game started off with a burst of energy and tension.

With the first period mostly played in the Belleville end, Rangers' Zach Lorentz scored his first goal of the night assisted by defenceman Ryan Murphy, followed by Murphy helping fellow teammate Eric Ming score the Rangers second goal, barely over two minutes later at 9:58.

With tension between the two teams exacerbated by Kitchener's quick succession goals, the Bulls became agitated.

In the final four minutes of the first period, Bulls Adam Payerl and Rangers Tyler Randell, Bulls Joseph Cramarossa and



Belleville Bulls player Adam Payerl cringes away from an oncoming blow from Tyler Randell of the Kitchener Rangers during the final minutes of the first period on Saturday night. The Bulls lost to the Rangers 5-4, a home ice win evading them once again.

and Rangers Eric Ming, all faced off in a

Rangers Ben Thomson, Bulls Jason Shaw series of fights supported by a cacophony of cheers from the crowd.

The second period saw the Bulls come back a little more focused, using Rang-

ers Lorentz second goal of the night, assisted by Radek Faksa and glancing off the stick of Bull Jordan Subban at 4:01, as motivation to push harder and try to bring the game into the Rangers' territory.

The fans became vociferous, vocalizing every hope, encouragement, and disappointment for the players to

Belleville's Scott Simmons relied on his fellow players Garrett Hooey and Branden Morris for assists to his second goal of the season at 7:25 in the second period, giving the Bulls their first point of the game. The opening lines of the Black Eyed Peas Pump It blaring over the sound system underscored the goal.

Noting the renewed vigour of the Bulls, Kitchener came back to the third period strong, with Rangers captain Michael Catenacci setting up Tobias Rieder for a shorthanded goal at 8:29, bringing the Rangers to a 4-1 lead.

Focusing their efforts, the Bulls put on an impressive display of effort, landing three goals: Hooey assisted by Subban and Mayer at 9:06, Austen Brassard assisted by Payerl and Jason Shaw at 11:14, and Hooey again assisted by Michael Curtis and Subban at 13:50.

Unfortunately for the Bulls, Rangers Ryan Murphy came to the forefront and scored the winning goal unassisted during a power play at 16:39 in the third, shutting down Belleville's hope for the first home ice win of the

Lady Lancers earn win while men drop the ball in basketball action against Durham Lords

Guard Jenni Thompson scores 20 points in 74-55 win

By Rebecca Rempel

The Lady Lancers earned a slam-dunk while the men's team headed to the dunktank Friday night in basketball action against the Durham Lords.

The Lady Lancers won 74-55 against the Lords, while the men's team dropped the ball and lost 91-71.

Guard Jenni Thompson led the Lady Lancers in scoring with 20 points, with centre Samantha Goff close behind with an additional 18 points. The Lancers opened up the match with the first basket and from there on led the game, leading 34-26 after the first half.

Six of the Lancers' 74 points were from successful free-throw shots, while 12 of the Lords' final 55 points were made on free throws

"It was dry, but nice to get the win," said head coach Chris Eligh after the game Friday night and the Lancers' third win in a week. "I didn't feel there was a lot

This was the fourth time the Lancers have faced off-and beaten-the Lords this season.

Guard Haley Sisler said their familiarity with the Lords was one of the main factors in her team's performance Friday

"It's not as exciting anymore playing them," she said. "It caused us to make mental mistakes and not be in the game as we should be?

"We're young," Eligh remarked of his team of 10 ladies. "First semester was up and down. We're five and one this semester so far with exhibition play. We're really starting to come together as a team."

The Lady Lancers, currently ranked

fourth in the East Region, hope to continue on their four-game winning streak in league play, as they travel to Ottawa this Saturday to play the number-oneranked team in the region, the Algonquin Thunder. The Lady Lancers' rank was not affected by Friday's game.

While the men's basketball team may have put the first points on the board, they soon found themselves behind as they ended the first half down 50-34 to

At the end of the night the score was 91-71 for the Lords, with Lords guard Rob Gagliardi netting 41 of those points. Gagliardi leads the Ontario Colleges Athletic Association with 293 points.

"We sucked. Simple as that," head coach Rich Whitfield said following the

"You could blame refereeing, but we really can't. We could blame that Durham's just flat out better that us, but ... We gave them that game. We just stopped playing."

The Lancers ran into trouble with the ref as they racked in 26 fouls, of which the Lords took full advantage, gaining 28 points from free-throws alone. The Lords received 13 fouls, with the Lancers sinking 10 free-throw shots.

"We go out and play George Brown and we play physical and we play mentally tough," said Whitfield. "And then we come in against Durham, in our home gym, where we should be more physical and hit more shots, and they just outworked us.

"We need to work harder. We need to become more mentally committed to the game." Hoping to improve their record and current eighth-place standing, the Lancers head to Ottawa this weekend to play

the La Cite Coyotes Friday night and the Algonquin Thunder Saturday. The Lancers' standing did not change

after Friday's loss. The men need to improve their rank to at least sixth place in order to qualify for playoffs.



Martine Gauvin of the Loyalist Lancers reaches for the ball from opponent Kaela Stinchcombe-Brown of the Durham Lords. The Lancers won the game 74-55. The Lancers are currently fourth in the east region, while the Lords are

Alumni game raises money for Napanee splash pad

By: Liam Kavanagh-Bradette

Napanee is hosting an NHL Alumni game this Saturday, January 28 at the Strathcona Paper Centre.

Organized by the local Rotary Club to raise money for the Napanee Pool and Splash Pad facility, the alumni team will be facing off against the Napanee Selects, a group of local players from Napanee and the surrounding area.

The alumni roster is made up mostly of former Leafs, including former all-stars Mike Krushelnyski and Rick

Another NHL alumni, high-scoring player Dennis Maruk, started his hot streak in 1975 while playing for the California Golden Seals. He scored 30 goals per season in two of his first three seasons and he raised the bar when he was traded to play for the Washington Capitals. There, he scored 50 goals in the 1980-81 season and, in 1982, scored 60 goals and 72 assists, setting what remains the Capitals' record for most points in a single season.

The alumni team will be coached by one of the most famous hockey dads ever, Wayne and Brent Gretzky's father, Walter Gretzky.

Not to be discounted, the Napanee Selects have former NHLer and OHL's Kingston Frontenac scout Dick Cherry behind their bench, as well as firstround Bruins pick Wayne Elder.

For anyone interested in seeing some great former NHLers play, this promises to be an exciting game.

Gates open at 5 p.m. and the puck drops at 6 p.m. Tickets are still available by calling 613-354-4423.