



Photo by Liam Kavanagh-Bradette

Marmora firefighters pull a comrade from icy water during a training exercise and public demonstration of their new rapid deployment craft. The RDC will help firefighters rescue people who have fallen through the ice in the late fall through the spring.

Firefighters test new equipment

By Liam Kavanagh-Bradette

Saturday morning, the Crowe River was near freezing, chunks of ice clung to the banks and the water was moving fast.

The Marmora and Lake volunteer firefighters, some dressed in bright yellow rescue suits, others in older red models,

demonstrated their training as well as their newest piece of equipment in a training exercise on the river.

The rapid deployment craft, a yellow 15 foot inflatable raft crossed with a canoe. The RDC floats on water and glides over ice. It inflates in a minute, can be towed by a boat, ATV or snowmobile and can sup-

port over 2,000 pounds.

It was being shown in use during Snow-fest, Marmora's annual winter carnival.

The firefighters got their training to perform ice rescues last year "So far we've rescued a few people, a dog and a duck," said Capt. Scott Broadbent.

The nearly \$4,500 needed for the RDC

came from money raised through ticket sales from last summer's Classic Cruisers.

"During the summer, we have boats but it's in the late fall through early spring that things can get difficult," said Broadbent.

"Even if there's no ice, the cold water can be very dangerous over just a short period of time."

Have a heart by giving generously

Canvassers will be going door-to-door for Heart and Stroke in February

By Zachary Greco

February is here and for the Heart and Stroke Foundation, this means it's officially Heart Month.

All month long, canvassers will be going door-to-door collecting donations for the Heart and Stroke Foundation. In the Quinte area, about 11,000 canvassers will be hitting the streets in an attempt to reach this year's goal of \$130,000.

"It is a great way to get out and give back

to your community," said area manager Maureen Corrigan.

Along with the door-to-door canvass, numerous businesses and organizations will be selling hearts for donations, posting them on a wall to show who donated and how many people have been making contributions.

"Many will be having a 'Red Day' where employees will wear red for the day and make a donation to Heart and Stroke," said Corrigan.

With streets still available for canvassing in the area, Corrigan said anyone interested in volunteering can contact the Heart and Stroke offices and a street will be assigned along with the necessary donation kit.

"I manage an apartment building," said volunteer Lorraine Clarke, "so I have a

kit that I set up in the lobby and I'll have people come down and donate if they are interested."

There are an estimated 70,000 heart attacks each year in Canada, causing the deaths of over 16,000 Canadians. Stroke has now become the third leading cause of death in Canada, contributing to six per cent of all deaths in Canada.

Unless you have been living under a rock for the past few months, you'd have seen the Heart and Stroke Foundation's new advertising campaign, *Make Death Wait*.

The two commercials, one for men and one for women, both contain an eerie narration while showing a group of guys working together and women with their children and families.

"I love these guys," says the voice of

heart disease, "So who's it gonna be this time? Ahh, it doesn't matter, I'll get one of you. I always do."

The commercial for women is even creepier, with the voice of heart disease talking about how he loves women and how they put the family first. At first glance, one would assume the commercial is an anti-rapist commercial, with the creepy voice-over and voyeuristic camera shots.

"I love how you're so concerned that I'll get your husband. You have no idea that I'm coming after you," says the creepy voice at the end of the commercial for women.

With a campaign of this sort, the Heart and Stroke Foundation are striking the ever-absent fear of heart disease and stroke into the minds of millions across Canada.

Black history recognized in February

By Sharon Kallaste

February is Black History Month. It's a time to reflect, and recognize the importance of African-Canadians, their development, accomplishments and contributions, to the culturally diverse Canadian society spanning through five centuries.

No events or special activities have been scheduled in Belleville. Although in the past, Belleville Public Library has recognized Black History Month with book displays this year their emphasis is on heart health month.

A display in the Loyalist's Parrott Library was prepared over the weekend and be on view from Feb. 6 – 26.

"We do up displays for various significant declarations. We have included a broad scope of black history published works from the days of the Underground Railroad, to more current books of heritage interest and included short summaries of key historical facts for quick reading," said library technician, Lynn McCracken.

"We don't receive any instructions from the college administration regarding Black History Month. However, we are very open to our international students if they would like something done," said Jodie Russett, the international centre's co-ordinator.

Various students expressing an interest in bringing awareness to cultural events and special declarations have approached the International Centre in past years. The international centre provides advice, in the area of advocacy, social and academic services.

"We do whatever we can to assist any students who are dedicated and committed to these special occasions, to bring awareness to all students of the college," said Russett.

"To me, Black History Month represents the beginning of the social justice movement. While it is important to have a designated time to celebrate, we must never lose touch – taking every opportunity to recognize our history and call it out when we see it," said Catherine O'Rourke, director of student services.

Rosemary Sadlier, president of the Ontario Black History Society, was instrumental in attaining the month of February as Black History Month, with national declaration activation in December 1995.

An excerpt from Sadlier's address posted on the OBHS website reiterates how important history is to students.

"African Canadian students need to feel affirmed; need to be aware of the contributions made by other blacks in Canada; need to have role models; need to understand the social forces which have shaped and influenced their community and their identities as a means of feeling connected to the education experience and their life experience in various regions in Canada," wrote Sadlier.

The portrait history of special achievers lines Loyalist's hallways.

Asked if there have been any African-Canadian alumni reporting significant accomplishments that can be shared during Black History Month to encourage and inspire new students, Michelle Randolph, Loyalist's alumni services co-ordinator, said that "the database of alumni is needing some work."

"I just started in September. The position has had some turnover – but I'm not going anywhere and really want to step up the alumni program and services," said Randolph.

"Everyone needs to stop thinking that we are different. If you really look into history, we all come from Africa," said Alicia Wynter, a first-year photojournalism student from Kitchener.

"We all have the same dreams and aspirations and wanting to be happy," said Wynter.

Pamella Houston, of the Ontario Black History Society spoke of the society's efforts in creating awareness. They have posters, T-shirts and flyer packages available to any group that may be interested in bringing awareness to everyone.

"It's not just about being black. It was an important time for everyone. It's also not just about the month of February. We need to be aware of history all the time," said Houston.

With files from Mellissa DiNardo

Waft of pancakes entice visitors to church

By Chloë Ellingson

It's 4:30 on a Monday afternoon, and the community hall of Trenton's Grace United Church is already starting to fill up.

The smell of pancakes fills the room lined with tables covered in floral tablecloths and set with mix-match cutlery and mugs. Scheduled to run from 5pm to 7pm, the AOTS's annual pancake supper has already begun.

"It's a lot of fun," said AOTS member Howard Dyke, 80. "Otherwise, I wouldn't be doing it."

Dyke spends the evening serving pancakes to roughly 150 guests from a griddle

at the back of the hall, close to the kitchen doorway, which is a busy thoroughfare for those carting trays of pancakes and sausage to and fro.

This pancake supper is an annual event for Trenton's AOTS. The group's name stands for "As one that serves," a quote from a biblical passage in the Gospel of Luke. True to their title, the organization will be putting some of the evening's proceeds towards its annual goal of sending a few kids to camp Quin-Mo-Lac.

AOTS began in 1923. According to Trenton's AOTS president, Al Anthony, 76, the group had about 500 clubs across Canada by the 1960s.

"Unfortunately, with the younger people

not wanting to get involved and the older people dying off. We are now down to less than 100 clubs in Canada," said Anthony.

This trend is evident in his own experience. "When I joined the club back in the '80s, I would have thought that we had 35 to 40 members," said Anthony. "We now have 14."

Dyke said he also worries about the future of the group. "It's mostly older people, which is unfortunate, because for us people that are over the hill, it's a little difficult to do all the jobs we have to do."

The pancake supper does indeed involve physical work. Luckily for AOTS, the hall seems to be swarmed by eager youngsters who scurry from table to table with syrup and coffee deliveries. These

busboys and girls are part of a scout group, which meets in the church basement every week.

Youth involvement tonight doesn't seem to have any correlation to youth involvement in AOTS. Younger people have not shown interest in keeping this tradition going.

"They just don't seem to have time for church, which isn't a disadvantage, in a sense," said Anthony. "That's just the young generation and we're not going to change it."

Despite an uncertain future, this group is not bogged down by doom and gloom. Soup and sandwich events are scheduled for May and September and a strawberry social is on the agenda for June.

Fundraiser helps raise money for sports and wellness centre

Centre to be completed in next few months

By Rebecca Rempel

Members of City Council made big waves at Boston Pizza Monday night.

Make-A-Splash campaign hosted a fundraiser night at Boston Pizza in Belleville, Monday, Feb.6.

Ten percent of all sales made between 5 p.m. and 8 p.m. went towards the Make-A-Splash Campaign. In addition to the fundraising, tables were being served by 'celebrity' servers throughout the night. Mayor Neil Ellis and Councillors Jodie Jenkins, Pat Culhane and Jack Miller all shadowed a waiter from Boston Pizza and talked to customers.

"Being a waiter, I don't know if I've ever had that on my resume, so it will be nice to have," said Ellis.

"I've had many drinks spilled on me actually. I look forward to spilling water on city hall employees in my section."

"I haven't spilled anything," said Jenkins. "(Mayor Ellis) hasn't even brought anything to anybody!"

Make-A-Splash is raising money to-

wards pool equipment for the new Quinte Sports and Wellness Centre. The centre will be completed in the next few months, and the campaign is reaching close to it's goal.

Needed equipment includes items such as underwater wheelchairs, spinal boards, lifeguard equipment, a defibrillator, water toys, a slide, starting blocks and a timing system.

Monday night's event raised \$296 through the restaurant and an additional \$225 in donations, raising the grand total to \$89,282. The goal is to raise \$100,000.

"I think the fundraiser went great," said Sarah Routhier, aquatics coordinator, by e-mail. "Even better than the money raised was getting the word out and being able to talk to people at the new facility."

The new facility will include a 25-metre pool, a large therapeutic pool and an aquatics play area. Municipal, provincial and federal government funding covered the cost of the building, but funding is needed to provide all the little things that will make the facility a place of enjoyment.

Donations of over \$25 will be recognized on the Donor Wall which will be displayed at the aquatics facility as well as the Make-A-Splash campaign page on the Belleville City website.



Photo by Rebecca Rempel

Jodie Jenkins is put to work at Boston Pizza Monday night, Feb. 6. Councillors and the Belleville mayor all appeared as 'celebrity' servers for the Make-A-Splash Campaign fundraiser, which raises money for equipment needed for the new Quinte Sports and Wellness Centre.