



Photo by Evan Campbell

Gemel Smith of the Owen Sound Attack smokes Belleville Bulls player Stephen Silas into the boards in the end of the second period at Yardmen Arena on Saturday in Belleville. The hit stirred up the players, causing a fight to break out. For story and photo, see page 3.

## Simple shot could save a life

Number of people getting flu vaccinations needs to improve, say health experts

By Justin Tang

With the worst of the flu season behind us, two local health experts admit that influenza vaccination uptake has much room for improvement.

This year's flu season has seen more people affected and more severely than a typical season, thanks to a newer subtype of Influenza A called H3N2 Victoria. Officials in eastern Ontario, including Kingston Frontenac Lennox & Addington Public Health, have seen increased numbers in cases of pneumonia and complications in people with heart disease from the flu, and in several cases, death.

"If you exclude 2009, when we had the pandemic H1N1, this is probably the heaviest year we've had in a decade," says Dr. Gerald Evans, chair of the division of infectious diseases and professor of medicine, biomedical and molecular sciences and pathology and molecular medicine at Queen's University in Kingston, Ont. Evans is also medical director of infection prevention and control at Kingston General Hospital and the Hotel Dieu Hospital.

An estimated 2,000 to 3,000 people die in Canada each year as a result of influenza. Evans says he expects to see similar numbers this year as well.

Hastings and Prince Edward counties experienced similarly high levels of severity, but the counties' medical officer of health says the outbreak was predictable — and is in decline.

"Once an outbreak has started, we know it's going to peak in three or four weeks and then come down again," says Dr. Richard Schabas. Schabas also served as Ontario's chief medical officer of health from 1987 to 1997.

"What we never know until it actually happens is how severe it's going to be."

Experts use the flu season in the southern hemisphere, which occurs during the winter months of July, August and September, to predict the strains that might occur six months later in the northern hemisphere.

"The dominant strain of last year has been replaced by the Influenza A H3N2 Victoria, so there is less immunity," says Schabas. "Although it's a good match with the vaccine, the end result has been we've seen quite a bit of flu."

The Australian flu season saw a large number of people with the Influenza H3N2 strain — the same influenza that would later raise attention across Canada and lead the State of New York to declare a state of emergency.

"It was a beautiful prediction of what's happened here," says Evans, pointing out that the intercontinental sharing of information helps vaccinologists pinpoint which strains should be targeted.

Influenza vaccination rates in Ontario were 32 per cent in 2011, slightly lower than the 36 per cent average among the general population nationwide.

Evans expects the rate to be higher this year, but only by a margin.

"Immunization up until the outbreak of flu this season was similar to last year, but since then there has been a significant increase in the number of people wanting to get the flu shot."

The low numbers aren't the biggest issue for Schabas, whose health unit aggressively promotes vaccination in October and November before the flu season takes off. Timing, he stresses, is key.

"Giving people the idea that it's okay to wait until the flu is all over the news is the wrong message. We don't indulge in that."

A vocal critic of the federal government's handling of the H1N1 pandemic, Schabas draws comparison to the present outbreak: that response is often too little, too late.

"Level of interest and response are driven by how active the disease is. By that time, you're at the peak of outbreak — you've missed your chance to do anything about it."

The 2009 H1N1 outbreak gave public health officials the chance to evaluate their pandemic response plans, an opportunity that Evans maintains was not squandered. Policies contemplating border shutdowns were discarded — the flu moves much too fast — and pandemic supplies and storehouses of medical equipment were improved.

The forethought has already paid off this year, Evans notes. Health units dipped into their pandemic supplies, making use of supplies that would go out of date and need to be replaced anyway.

"We recognized that if we were going to have problems, we could go into our pandemic supply to replenish what we were using," Evans explains.

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## Overwhelming face of dementia

By Marta Iwanek

For 16 years, Beth Harder's father, Brian Skinner, learned to live with Parkinson's disease. It wasn't easy, but with the help of medication, he was still able to hunt, fish and spend time with his friends and family.

This past year, however, really changed for him. In March 2012, he was diagnosed with dementia.

"And it was the dementia that overwhelmed him and overwhelmed all of us," says Harder as her eyes water. She sits in a boardroom in the Belleville Police Force Station where she now works as a sergeant. Her father spent 32 years as an OPP officer in the then Belleville detachment, serving in the community he grew up in and loved.

At first, Harder denied the dementia. She saw no memory loss or confusion in her father, as she knew dementia to be. And her father was only 67, she adds.

"So for me, I didn't recognize it because I always thought that dementia was related to someone who was a very old person," says Harder. "What I've since learned is that dementia takes many, many forms. It affects everybody differently."

It was only when her brother, who would visit every third weekend from Calgary, accepted the diagnosis that she did too.

Her father went from a happy-go-lucky man to someone who was upset or agitated easily. "All that laughter that he had just wasn't there," she says. "It would come through every now and then, but his personality changed and it was the dementia that changed that." He died on Nov. 9, 2012 in hospital.

That's why this Sunday, Jan. 27, Harder is walking in memory of her father at the Alzheimer Society of Belleville-Hastings-Quinte's Walk for Memories, to raise money for other families in the community who have been affected by dementia.

"What's interesting about our fundraiser and what makes it unique from a lot of different fundraisers is that all of the money stays here locally," says Ashley Matheson, fund development co-ordinator at the Alzheimer Society. The organization receives 25 per cent of its funding from the government, but the rest comes from fundraisers such as this one and donations.

The walk comes near the end of Alzheimer's Awareness Month, with the 2013 campaign titled See Me Not My Disease, Let's Talk About Dementia. According to the Alzheimer Society, 747,000 Canadians have dementia with that number expected to double in the next 20 years. In the

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Beth Harder

Belleville-Hastings-Quinte area there are about 2,500 cases, according to the 2011 census.

There are over 70 types of

dementia, explains Kristel Nicholas, education and support co-ordinator at the Alzheimer Society of Belleville-Hastings-Quinte, with Alzheimer's



Photo by Marta Iwanek

Beth Harder poses with a photo of her father, Brian Skinner. After a long battle with Parkinson's disease and then a diagnosis of dementia in the spring of 2012, Skinner died on Nov. 9, 2012. Harder is participating in the Walk for Memories in memory of her father.

falling under that umbrella and being the most common disease to cause it. No matter the diagnosis, whether just dementia or something more specific, she says people can all still receive help from the Alzheimer's Society. Some of the services offered are one-on-one client support groups, meetings for caregivers, tax and legal sessions and community information meetings, like the Forget-Me-Not information sessions.

Dr. Andy Quinn, who practises in Tweed, regularly volunteers with the Alzheimer's Society to provide the sessions. He sees a lot of misunderstanding on what a diagnosis means. "A lot of people see it sort of as a dead end street and that's not the case," he says. "Most people with dementia do very, very well for long periods of time, but in order for that to happen, they need help." He says an early diagnosis to get treatment as early as possible is very important for not just patients, but their caregivers as well, so they can get the support they need established.

However, out of the near 2,500 people in the area with dementia, only about 600 are connected with the local Alzheimer Society, says Nicholas. "So we know these people are out there, but they're not coming to us," she says. "So if because of fear or stigma people resist going to the doctor with their concerns, it reduces the chances of the medications being effective for them, because they've waited so much longer." There are still different support options as the disease progresses, but less than in the early stages, she adds.

The local Alzheimer Society is expecting 200 walkers and has a goal of raising \$70,000 this year. Last year, a record \$54,000 was raised.

When Harder was struggling to care for her father, she reached out to the Community Care Access Centre and Alzheimer Society and says she can't thank them enough as well as the hospital community for the support they gave her father. "When they were taking care of whatever it is that I needed, it allowed me to take care of my dad," she says.

Harder is also collecting pledges for the walk. "It doesn't matter if it's \$10," she says. "Because without the support that I had, I couldn't have done it."

Walk for Memories will be held on Sunday, Jan. 27 at 10 a.m. to 11:30 a.m. at the Bay View Mall, 470 Dundas St. E. east of Herchimer Avenue. To learn more visit [www.walkformemories.ca](http://www.walkformemories.ca). For more information on the Alzheimer Society, visit [alzheimer.ca/bhq](http://alzheimer.ca/bhq) or call (613) 962-0892.



Photo by Samantha Quinn

Nathan Wray (centre, left) and many other guests were brought up onto the dance floor by the Quinte Ballet School to learn Celtic folk dancing at the school's Frosty Fiddle Frolic with the Fiddleheads fundraising event. The event was held at the Banquet Centre last Saturday. All proceeds from this event will be going towards the school's program in helping young dancers pursue their dreams.

# Ballet school goes wild with gala

By Mary Barber and Samantha Quinn

The Quinte Ballet School started off the new year with a Celtic kick, at the Banquet Centre in Belleville Saturday night.

Local supporters of the ballet school gathered for a fundraising ceilidh, 'Frosty Fiddle Frolic with the Fiddleheads, a local Celtic band in support of young artists.

"This is the first time in time in 10 years the school has thrown a big party instead of a large gala," says Marilyn Lawrie, executive director at the Quinte Ballet School.

Dancing included two performances

from seven young students who attend the school. The dancers, who were between the ages 11 to 14, performed for the audience with enthusiasm, despite not having any history in Celtic dance.

"Usually the performance we put on this time of year is more stuffy. I decided this year I wanted more of an upbeat production," says Lawrie.

The ballet school presented a jig and a reel, two of four traditional dances in folk dancing. In Canada, every province holds its own variation of folk dance.

Carol Bauer, guest choreographer for the school and staff member of the

Quinte Arts Council has been practising with the dancers since Dec. 1.

"Celtic is a very Canadian form of dancing. It's about keeping rhythm with your feet," says Bauer. "This type of dance is special for them; they've never danced this style. They went into this without any background."

Guests braved the dance floor with assistance from the students through a step-by-step lesson on a Celtic reel. The \$50 dollar admission, put towards fundraising included a raffle with a variety of gift baskets, a live auction, a gift certificate tree and a draw for a \$500 bouquet

of roses. Each rose stem was entwined in a \$50 dollar bill.

"Usually ticket prices are \$100, which is very expensive for a couples night out," says Lawrie. "It was a good reason to change the tickets because it was a better turnout."

The event's success was made possible through the many sponsors and volunteers involved with the Quinte Ballet School. Ingrid Moore, Quinte area radio show host from Hits 95.5, brought her radio personality to the fundraising event. The local personality has been an MC for several local charity events and now the

ballet school.

"Thank you to the sponsors and volunteers that we had setting up this performance," says Lawrie. "We had eight volunteers, and four solid volunteers that were there during the event helping out the entire night."

The fundraiser raised \$10,000, and all money raised will be going towards the Quinte Ballet School's program, as well as their professional theatre school and recreational program for young dancers to be able to pursue their dreams in professional dance.

# Furtado fires up Empire Theatre

By Nam Phi Dang

The smooth notes of Nelly Furtado's dynamic yet melodic voice filled the air as she performed Monday night at the Empire Theatre in downtown Belleville. The Canadian singer brought her tour *Is Your Spirit Indestructible?* to the full house of the centre for performing arts. Songs including *Say it Right*, *Waiting for the Night* and one of her newer tracks, *Spirit Indestructible*, created heat amongst the fans despite the cold weather outside.

Anxious fans waited hours before the beginning of the concert. Staff from the Empire held booths selling Nelly Furtado souvenirs, including T-shirts, with proceeds going to the charity Free the Children and their newly built all-girls secondary school.

Taylor Bourgeois from Belleville is not only a devoted fan of Furtado's music but also her charity events.

"I've heard a lot of her music and her *Me To We* for Kenya is really cool. Next year, in Grade 8, I'm going to write a report about it and go to *Me to We* and hopefully meet her there. She's a big inspiration and I just really love her music," said Bourgeois.

As the concert drew closer and closer to starting, a dynamic crowd of fans grew larger, filling the front lobby and waiting patiently at the Empire Theatre's bar. A very mixed group of young teenagers, adults and elders became more visible.

Michael Taylor, 64 and his wife Jane, 65 said they just excited as any other of the youth fans for Furtado's concert.

"Well, I think her first song *I'm Like a Bird* really captured me. We've been listening to her disc that we bought last year endlessly because it really captures and covers her whole career and so we love it. It has a mixture of sounds. Her Indian remix of *I'm Like a Bird* is very interesting. Her music is very versatile, it covers a wide range of sounds and she is very talented," said Taylor.

Some fans were unaware of Furtado's appearance at the Theatre. Lynda Chamberlain found out about the concert because of a gift from her son.

"I didn't really know about it. This was a gift from my son during Christmas and I am very excited because he gave us an experience rather than a thing and I really like that so I am going to enjoy it tonight" said Chamberlain.

Nikki Vangassen has been a fan of Furtado since her youth but found out about it the day

of the concert. "I used to listen to her when I was younger and then my friend just called up, told me she had free tickets and thought we should come out for tonight. I like her new

music too," said Vangassen.

Furtado's tour will also make stops in cities including Toronto and Montreal before moving over to parts of Europe.

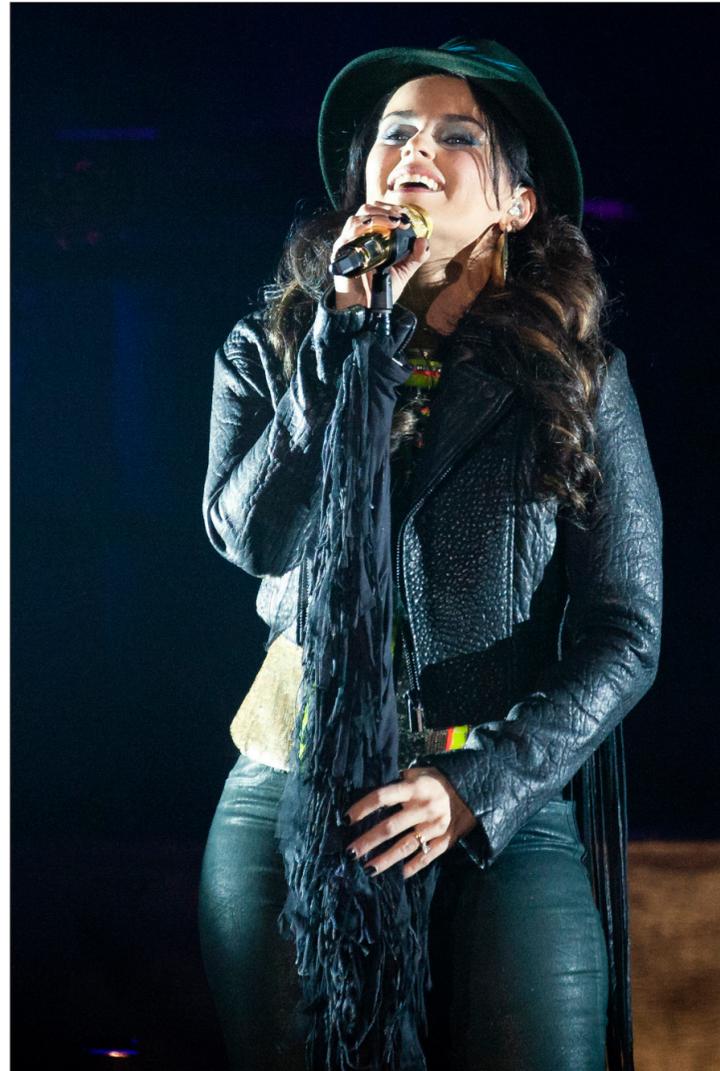


Photo by Nam Phi Dang

Canadian singer Nelly Furtado performs at the Empire Theatre as part of her *Is Your Spirit Indestructible?* tour Monday.

## Flu...

Continued from Page 1

A looming issue is the lower than expected level of vaccination among healthcare professionals. Despite strong encouragement, rates of vaccination among doctors, nurses, hospital workers and other staff such as physical and occupational therapists wavers at around 40 per cent.

"If healthcare workers get sick, they're not able to work and take care of people who are sick with the influenza," Evans says. "They could potentially serve, until they're profoundly ill, as a reservoir to transmit infection to their patients."

Evans admits it's a worrying problem that feeds an already high level of public skepticism.

"People who are anti-vaccine will say, 'Look at those health professionals, they're not getting vaccinated. They must know something about how bad it is,' when actually the vaccine is very safe."

Schabas agrees: "If we as healthcare professionals can't even persuade other healthcare professionals to be immunized, we have to take a long look at how we're getting our message out."

It's a conundrum that has brought together conflicting discourses in public health and civil rights. Evans admits there's no real progress being made.

"Humans have an inherent right to not have something stuck into their body," says Evans. "As much as I think influenza vaccination is super important, people do have the right to refuse it."

Schabas says mandated immunization goes too far.

"Healthcare workers should be immunized but I don't think the vaccine is good enough or the problem severe enough to justify that kind of draconian measure."

The technology in today's vaccine is some 50 years old. A new vaccine could make all the difference, he says.

"The flu shot is the only reliable protection from influenza

and even still it's not great," Schabas explains, citing the vaccine's effectiveness of 50 to 60 per cent. "It's certainly much better than nothing. But we shouldn't oversell it either."

Evans remains pragmatic about the vaccine.

"It's not 100 per cent effective. It would be great if you have a vaccine that covered virus strains independent of their mutation, that you could take once every five or 10 years."

Evans suggests that current attempts to improve the vaccine through cell-based

technology haven't replaced the tried and true egg-based vaccine because of cost and efficiency.

"If you're making a billion doses a year, that's prohibitively too expensive," he says, recognizing that there are improvements to be made. "Until you can come up with a technology to do that as efficiently and with reasonable cost, the fact that it's 50 years old isn't an issue."

Barring a new vaccine, Schabas argues the need for medical professionals to stay the course.

"Ontario has the best influenza immunization program in the world. We are the only jurisdiction that has universal immunization," he maintains. "We just need to keep plugging away at promoting the vaccine if we want to make a difference."

Evans points to the big picture when considering this year's flu.

"The last time we saw an outbreak of H3N2 disease like this was 2003 and 2004. We do see seasonal flu like this every 10 years or so, and here we are now in 2012 and 2013. Although we had lots of cases and lots of sick people, this is not unusual."



Dr. Richard Schabas

# Sports



Photo by Alicia Wynter

Carlie Wright, one of Loyalist Lancers' setters dives for a spiked ball during a game against George Brown on Saturday in Belleville. The Lancers won all three of their first sets scoring 3-0.

## Mixed results on weekend for volleyball teams

By Catherine Jackman and Marta Iwanek

It was an other interesting weekend in Loyalist volleyball.

Hosting the George Brown Huskies on Saturday, Jan. 19, the Loyalist Lancers women's team was able to overcome a five-game losing streak with a 3-0 win. The men lost their game against the Huskies 3-1.

However, on Friday, Jan. 18, the men's team took a surprising win over the OCAA east division first place team, the Durham Lords and the women's team lost their three sets to the same team.

After having already lost to the Huskies earlier in the men's season, the close loss came as no shock to head coach Dave Templar, whose team stands seventh in the eastern division with a total of 28 games won and 29 lost.

"They're a good squad. They've played really well all season, and played some really good teams. We're coming off of a big win last night (versus Durham College) which gave us a bit of confidence, but certainly these guys beat us first semester too, so we knew we had to play our best in order to come out with a win today,"

said Templar.

Throughout the game, the men continued to hold their own against the Huskies, keeping the score tied for most of the four sets. After losing their first set, the Lancers won the second, only to lose the final two.

Templar said it was difficult for the team to keep their momentum going, because of the tension on the court.

"The referees affect some of the flow of the match, and that's not supposed to happen," he said

A yellow card, indicating a penalty and a loss of rally for the recipient, was issued to the Lancers during the game for misconduct, causing crowd reaction to shift from outrage to disappointment with the referee's decision.

"It's just back to practice. We just really have to highlight some things that we didn't do so well today and we'll work on those over the course of the week," said Templar.

The same cannot be said for the women's game. They won all three of their sets, regaining some of the confidence needed to continue on with their season.

"I'm very happy with the win," said Lancers setter Kirsten Talsma. "We've

been on a five-game losing streak so it was nice to finally get the win for a change of pace."

She also said the girls finally came together as a team, playing as one unit, as opposed to individuals, which Talsma explained has been their problem lately.

Intensive practice is ultimately what turned around the girls' game.

"The girls served tough and really supported each other," said assistant coach Dominique Dawes. "Volleyball is a very tough mental game and it was getting the better of some of them."

"The girls responded well to our coaching and it was nice to see some of them show their skills that they possess," said Dawes.

Getting to the playoffs is still going to be tough, she explained, as the women's team is currently sitting eighth overall in the eastern division, with 23 games won and 26 lost.

"You can't win a game if you can't pass the ball," said Dawes.

But the loss won't dampen the men's momentum.

"We can't let it affect the future," said Templar.

The Loyalist Lancers men's volleyball

team surprised many by defeating the OCAA east division first place team going into the game, the Durham Lords, on Friday night.

The Lancers won 3-0.

"I think the guys are pretty happy right now," said coach Templar after the game, mentioning Durham had made some unfortunate errors in the game. "And that's the important part of capitalizing on those."

He credited the team's success to engaged net play and since Loyalist had played Durham before, they were more familiar with the plays the team usually used.

In the first set, the Lancers lacked energy, but were able to capitalize on the other team's mistakes and stay in the lead for most of the set before winning it 25-21.

In the second set, the Lancers beat the Lords 25-23. In the third set, both teams' energy could be felt and as the score got closer to match point, the Lancers were only leading by three or sometimes two points.

A strong spike from the Lancers ended the set with a win of 25-23.

"I think that the guys are starting to really believe that even though our record

doesn't totally show it, and in some of the matches we can be seen as the underdog, I think they're starting to see that through some solid team play and good defence you could beat anybody," said Templar. He said that the team's goal is to get to playoffs and this game is huge in that. "This match might have been the difference provided we can continue that momentum."

With their confidence shaken early in the first set, the Loyalist Lancers women's volleyball team went on to lose all three sets against the Durham Lords who currently stand first in the OCAA east division.

"We were ready to go," said head coach Tony Clarke about the energy going into the game. "Then we had the wind taken out of our sails when we were a few points down."

"They're working hard and trying hard, but things aren't going the way they want," said Clarke. "Hopefully the next game we'll come out more aggressive, stay consistent and play hard."

The next game for both Lancer teams is on Jan. 26 at Loyalist against Trent with the women's game beginning at 2 p.m. and the men's at 4 p.m.



Photo by Alicia Wynter

Loyalist Lancers guard, Curtis Onion drives toward the basket against La Cité's Vincent Beaulac-Dufresne on Sunday. Loyalist went on to win 77-67.

## Lancers defence proves its worth

By David Zammit

Loyalist Lancers defence was as flashy as possible by grabbing 15 team steals and three team blocks in the game against La Cité Coyotes last Sunday.

The game started with a lot of missed shots from both teams as they both struggled to find their offensive game. Lancers were on top at the end of a low-scoring affair in the first quarter 15-12.

The second quarter started to show promise on both ends of the court for the Lancers. Their quick transition plays off of Warsama Elmi, and Christophe Hadys turnovers, helped the Lancers hold the lead down heading into halftime 32-30.

The second half saw more scoring than the first as the team came out of the gates firing from all areas of the court. Jordan Marlowe stepped up and grabbed three steals this quarter, leading to the Lancers clinging

to a 52-51 lead heading into the final quarter of the game.

In the final quarter, the Lancers played both ends of the floor great by putting up 25 points in the quarter and holding the Coyotes top scorers Daniel Gracia, and Blaise Mwenze intact when the game was on the line. The final score was 76-66 for the Lancers at home in front of about 80 people.

**Game Notes:** Lancers top scorers Patrick Kalala had 21 points followed by a strong showing from Jordan Marlowe with 16 points, six boards, and eight steals. Steven Bailey was good off the bench with 10 points, 2-4 from the land beyond and two steals in limited action.

Top player for Coyotes were Daniel Gracia with 24 points, 13 boards, four assists, and three steals. Blaise Mwenze had a good game for the Coyotes with 23 points, and nine boards in the losses.



Photo by Alicia Wynter

Patrick Kalala, Loyalist Lancers third-year guard, attempts to make a basket against La Cité Collégiale.

## Bulls winning streak comes to an end



Photo by Evan Campbell

Jordan Binnington of the Owen Sound Attack makes a big kick save to add to his 32 saves in Saturday's game against the Belleville Bulls Jan. 13 in Belleville. Binnington shut out the Bulls 4-0 and became the first goalie in Attack history to shut out the Bulls.

Owen Sound Attack shuts down Belleville with a 4-0 win in Saturday action

By Evan Campbell

The Owen Sound Attack broke the Belleville Bulls' winning streak Saturday as netminder Jordan Binnington shut down the Bulls top scorers on their home ice, for a 4-0 win.

The much-anticipated goalie battle featured Binnington and Malcolm Subban, the two goalies who represented Canada at the World Junior Championships this past month in Russia.

Binnington and Subban battled hard all game, with Binnington out-stopping Subban 32 saves to 29.

In the first period, the Attack's Cody Ceci scored the first goal of the game at the 9:36 mark. Ceci had just returned to the Ontario Hockey league after being

cut from the Ottawa Senators training camp for the upcoming National Hockey League season.

The game went into a scoreless second period with both teams putting plenty of shots on net.

The Attack pulled away with the game in the third as Kyle Hope came out with a big goal at 4:21. The Attack kept pressing and Holden Cook added another insurance goal at 16:23. After Belleville pulled Subban for an extra attacker, Daniel Catenacci put one in the open mesh of the Bulls net.

With Binnington out-playing Subban and getting the shutout, he became the first goalie to not allow a goal against the Bulls in Owen Sound Attack history.

With that loss, and some other game results, the Bulls are now in third place trailing behind the Oshawa Generals in second and the Barrie Colts in first.

The two teams are within two points of each other and the Generals are in town this Wednesday at 7 p.m. at the Yardmen Arena.

# Hockey legends come alive



Photo by Sandra Kielback

Brian Freeman, left, creative director of They Integrated, played defence for the Montreal Canadiens during the third period. Freeman stands with Gilbert Delorme of the Montreal alumni team.



Photo by Nam Phi Dang

Toronto Maple Leafs Lou Franceschetti scored against Montreal Canadiens Richard Sévigny during the Legends of Hockey charity event.



Photo by Nam Phi Dang

Toronto Maple Leafs alumni goaltender Mark LaForest steps on the ice as the Legends of Hockey charity event goes underway.



Photo by Sandra Kielback

(Above) – Kevin Maguire, left, of the Toronto Maple Leafs alumni sits with Dan Daoust on the bench at the Scotiabank Legends of Hockey Charity Classic.

Photo by Nam Phi Dang

(Right) – Montreal Canadiens alumni coach Guy Lafleur autographs a fan's roster sheet during the Legends of Hockey charity event.



By David Zammit

It was once-in-a-lifetime opportunity Friday night at Yardmen Arena, as two of Canada's favourite sports teams sent their alumni to square off with one another. The game was a benefit for the Belleville General Hospital Foundation.

The game itself was hosted by the Toronto Maple Leafs, and their guests at the Yardmen Arena in Belleville, were their archrivals, the Montreal Canadiens.

"The Leafs and Canadiens use their alumni for great causes and when you can get two great teams to come together to play one another for a great cause it's a great time for everyone," said former Leaf Kris King.

"Passionate and physical" was how King described the rivalry. The teams have been rivals since the start of the National Hockey League in 1917, with their first game on Boxing Day, 1917.

Since then they have played 782 against each other, with the upper hand going to the Canadiens with 378 wins, 310 losses, and 88 ties. The games were "something you always had to get up for, something that didn't take a lot of motivation to get going," King said.

The game featured some great talent, including right wing Mike Gartner, who had scored more than 1,300 career points, and left wing

Gary Leeman, a one-time 50-goal scorer.

Hall of Famer Steve Shutt, a former forward, played for Montreal and scored 30 goals in nine different seasons. The biggest name, Guy Lafleur, was behind the Montreal bench. He scored 50 goals six different times in the NHL to go along with his numerous other awards.

The game was an interesting one, as Montreal received two penalty shots in the game, scoring on one of them. The game was dominated by the Leafs' line of left wing Gary Leeman, centre Dave Reid, and right wing Mark Osborne.

The game was close until the start of the third, when the Leafs came out with guns blazing, and got three goals within three minutes to make the score 7-4. Lafleur tried to rally his team on the Montreal bench but had no luck as Mark LaForest played great between the Leafs' pipes, holding off the late-surging Canadiens at the end.

The event "raised over \$90,000 for the hospital" said Jenn Barrett the director of development for the hospital foundation. The game was a sellout and funds will buy orthopedic equipment to help with hip and knee replacements.

"When you can help out with any community and especially a smaller hospital like Belleville's, it can really make a difference," said King.