



Photo by Marta Iwanek

A rally and candlelight vigil was organized by Members of Canada Court Watch and the Ontario Coalition for Accountability to protest Children's Aid Society and to promote the need for government accountability on the organization Feb. 18 in Picton. Here, Danielle Bloomfield looks down at her sign. She says her whole life she has had foster brothers and sisters and oftentimes questioned the decisions made to put them there.

CAS under spotlight at protest

Picton location chosen for the rally following ministry investigation of significant issues

By Solana Cain

A small group gathered to air big grievances against children's aid societies, on Family Day in Picton.

Across from a Tim Hortons at Main and Walton streets, about a dozen people stood on the street corner, holding up signs against Children's Aid and demanding an ombudsman and more oversight into each society.

Kelly Leveque carried a petition in her hands and wore a sign around her neck that read 'Children's Aid Destroys Families.'

"I have been fighting them now a

total of 21 years," said Leveque about Children's Aid. "They [CAS] are destroying families that don't need to be destroyed."

Organizer Curtis Kingston of Canada Court Watch, chose a Picton location for the rally because of a recent news story detailing an unreleased government investigation into significant issues by Prince Edward County CAS in screening foster homes, as reported by *The Belleville Intelligencer*.

"The Picton CAS and multiple CASS in the area kept stating that this was one occurrence, one issue, somebody fell through the cracks and so on," said Kingston.

"But what we've come to find out is that this wasn't just one foster parent."

Since November 2011, three former foster parents have been convicted of sexual abuse and another three foster parents were charged with sex crimes in the fall of last year, according to the

Intelligencer.

"The reality is that we do need child protection. Obviously there are kids that need to be apprehended or they need help. They are getting abused," said Kingston.

"My issue is when children get taken for frivolous reasons, and then they get put into homes that are definitely no better from where they were taken from in the first place.

"We're trying to raise awareness on the issues so that hopefully one day CAS will be held accountable for their actions," said Kingston, who says the societies need oversight, specifically an ombudsman.

Mark Kartusch, executive director of Highland Shores Children's Aid Society said, "Our first and primary goal always is to make sure that children can stay with their family always."

Kartusch said Highland Shores, newly amalgamated Northumberland

and Hastings Children's Aid societies, looks for extended family, or kinship, first.

The rare cases when a child needs to be placed into a foster home, case workers have five days to be in family court and provide justification for removal.

"I certainly understand that the public has the right to express their viewpoint," Kartusch said. "Clearly it's upsetting when children are brought into our care and removed from their homes. That's why it's a last resort."

The Ministry of Children and Youth Services funds and monitors CASS, develops policy to support the child welfare program, and licenses children's group homes and foster homes, said spokesperson Bre Betts, spokesperson for the Ministry of Children and Youth Services.

If a family feels they haven't been taken care of properly, they can file a complaint with the Child and Fam-

ily Services Review Board. Someone trained in assessing situations, other than the primary caseworker, will investigate the complaint.

The Ombudsmen of Ontario has the authority to investigate occurrences in the course of the administration of a governmental organization.

The Ombudsman has not interpreted this authority to investigate children's aid societies which are independent legal entities in Ontario, said Betts.

Kartusch says Highland Shores CAS has many effective mechanisms in place to screen potential foster homes and deal with complaints.

"Every time you add another oversight mechanism, you're adding cost to a system that's all ready burdened," says Kartusch. "How many is too many?"

The rally continued into the night, with a march down Main Street followed by a candlelight vigil.

St. Paul's Anglican Church gets historic designation

By Vivek McCague

St. Paul's Anglican Church on St. Paul Street in Belleville has been designated a historical site by the Belleville city council on Feb. 19.

The decision is now in its 30-day waiting period where people can express the pros and cons of its designation. After the waiting period the by-law is official.

"The church dates back to 1874 when St. Thomas' Church had the little mission church built. It is now the only remaining mission church in the Anglican diocese of Ontario," said Stanley Jones, chair of Heritage Belleville.

St. Paul's belongs to the parish of St. Thomas' and St. Paul's Anglican churches. Stanley Jones had been working on helping the church receive historical status for just over three months now. Jones said the main reasons for the designation of the church was for its small size (smallest church in Belleville), the carpenter gothic style windows, the hand-carved belfry, the stucco cladding and the carefully designed stained glass windows.

Advantages for being designated a historical site are sometimes buildings receive grants from federal, provincial or municipal governments and receive extra listings or more advertisements an added tourist attraction.

"St. Paul's Anglican Church is rich with history, nobody knows it's here, hopefully more people come see it now."



Photo by Vivek McCague

Stanley Jones poses by a stained glass window and the ten commandments at St. Paul's Anglican Church. St. Paul's successfully received approval to designate the church as a historical site and is now in the 30-day waiting period.

Batteries to be part of new program

By Sandra Kielback

The city of Belleville now has a plan to lower the amount of unwanted batteries that are thrown into the garbage.

Tanya Delaney, operations supervisor at Quinte Waste Solutions and her team, have come up with a pilot program to help Belleville and Thurlow residents safely dispose of unwanted batteries.

"This is a long time coming and I know this pilot project will be as successful as the composting and recycling pilot programs have been," said Belleville Mayor Neil Ellis.

"It's a great project," said city councillor Tom Lafferty, chair of the Green Task Force.

Canada Post will be distributing clear battery-recycling bags with orange markings on them on the week of March 4, with the regular mail. These bags will be picked up on citizens' regular scheduled blue box collection day during the week of March 18-22.

"You must follow the instructions on the bag, fill, seal and put on top of your blue bin," said Delaney.

...See Recycling, page 2



Photo by Justin Chin

Family Day collision

Firefighters observe as a transport truck is being cleared away on Monday, Feb. 18, 2013 following a motor vehicle collision on Highway 401 east of Cobourg at about 10:30 a.m. A tractor-trailer hauling plastic pellets hit the median barrier as it travelled from Kingston to Vaughan. The “pup” trailer became dislodged from the main truck and collided with another vehicle after going into the eastbound lanes. A man and a woman were taken to Northumberland Hills Hospital in Cobourg for treatment of non-life-threatening injuries. Both the westbound and eastbound lanes were closed and traffic was rerouted. The highway reopened at 5:50 p.m.

Recycling...

Continued from Page 1

Bags will not be delivered or picked up from any apartment complexes, condominiums or businesses that use 95 gallon carts. Those who live in these buildings can bring their unwanted batteries to any Home Hardware in the area or to the Quinte Waste Solutions at 75 Wallbridge Cres.

Batteries make up only 1 per cent of common household waste.

According to Quinte Waste Solutions, 52 per cent of cadmium and 88 per cent of mercury found in landfills is due to batteries people have put into the garbage. Even one mg of mercury can make fish within eight hectares inedible for one year, there is an average of 11mg of mercury in a single alkaline battery.

“Even though this is a small amount, it is contributing a lot in terms of toxic

materials you can find in our landfills,” said Delaney.

Almost every single heavy metal found in batteries can leak into the soil and into the ground water causing people to potentially develop very serious health issues.

In 2010, about 745 million batteries were thrown out by Canadian residents, less than 5 per cent were properly recycled.

After the batteries are collected, Quinte Waste Solutions will pass them

over to the Raw Materials Company where they will be recycled. The company stated in a news release that they are able to recycle up to 92 per cent of every battery they receive. They do not use any sort of chemicals or burning to recycle batteries.

“The Raw Materials Company is recognized by the Ministry of Environment for their contribution to the battery recycling world,” said Delaney.

Some of the materials collected from recycling batteries can go towards the

production of new batteries and many other products.

This pilot project is expected to break even and not cost taxpayers anything. The city will be reimbursed for the materials collected by the Raw Materials Company. Quinte Waste Solutions hope that they will be able to extend this program and have it run twice a year during daylight savings when residents are expected to change the batteries in their smoke detectors, Delaney told Belleville city council.

The better you jig, the more you catch in ice fishing

By Tom Hicken and Nam Phi Dang

Two separate ice fishing derbies filled Family Day weekend, keeping members of the community outside and active.

According to Brad McNevin, the better you jig, the more you catch.

Separated by 20-inches of ice, about 300 people stood atop the frozen Moira Lake for Madoc’s fourth annual Moira Lake Ice Fishing Derby this weekend.

“This is the second day we’ve had it on family fishing weekend and you don’t need a licence – one of the reasons we chose this weekend,” McNevin said.

The Madoc event was one of two separate ice-fishing derbies that happened during the family weekend.

Over the few years the Madoc derby been running, McNevin said he has seen the number of participants rise, bringing together families and friends from further than expected distances.

Hailing all the way from Saint-Lazare, Que., nine-year-old Camren Mulcair came this year to fish with his grandfather and auntie.

“I find just hanging out is the best part and having the joy of seeing someone catch a fish. The draw prizes at the end of the day are also exciting,” Mulcair said.

Kids weren’t the only ones having fun. MP representative of Prince Edward – Hastings and local resident Daryl Kramp seemed to be enjoying the day more than some. Kramp spent the day driving around the frozen lake on a snowmobile, visiting pods of families huddled around their fishing holes and calling out prizes to the draw at the end of the day.

“We’re happy to do it. We don’t do it for any other reason besides just to have a bunch of people out with kids and families having fun,” McNevin said.

Along with co-organizer Tadum Neuman, McNevin began the event back in 2010 and together, have helped raise money for various charities within their community.

On a whim in their first year, the team gave the money away in prizes but realized they could lend a hand to organizations in need of funding, starting with Madoc’s Foundations Youth

Centre.

Last year, the derby raised \$2,500 for the Moira Lake Boardwalk Revitalization Project, an educational boardwalk built over the local wetlands.

By the end of the day, with 296 tickets sold, the team went almost \$500 beyond their goal, handing over a cheque for \$3,430 to the Heart of Hastings Hospice House.

Debbie Waller, co-ordinator of the volunteer program at the hospice was there to collect the donations and said she was very grateful to all those that participated in the fishing derby and appreciated the support.

“The funds will be going towards a new kitchenette downstairs so we won’t be disturbing our clients and their families upstairs,” said Shannon Newell, palliative nurse at the hospice.

Meanwhile in Marmora, more than 100 participants trekked over the frozen Crowe Lake for the annual Crowe

Lake Ice Fishing Derby on Saturday. Both adults and children waited in the cold but sunny weather to catch their own prize pike.

Robert and Norma Taylor are representatives of Crowe Lake Waterway Association. They have been running the winter event for the past six years and are sponsored by Chris’ Live Bait Fishing and Hunting.

Although the ice derby provides a great opportunity for a get together either for friends, families or even strangers, Robert Taylor holds the event for environmental reasons. Pike are known to be an invasive species and are an issue for other fish in Crowe Lake. Population control of the Pike is the major concern.

“When pike spawn, they use a tremendous amount of energy both male and female. They’re ravenous when they are done so when pike spawn before the walleye, the walleye will lay their eggs and spatter them anywhere. That becomes a great restaurant for pike,” he said.

Pike are considered and invasive species by the Ministry of Natural Resources and are not as valued.

“We’ll never ever eliminate them from Crowe Lake, but we’re doing what we can to try and control the numbers,” Taylor said.



Photo by Tom Hicken

Brothers Quin and Yale Botly wait at their fishing hole during the Moira Lake Fishing Derby on Saturday in Madoc. In its fourth year, the derby collected close to \$3,500 with all proceeds going to the Heart of Hastings Hospice House.



Photo by Tom Hicken

Deryk McNevin holds up a three-pound, 12-ounce pike caught moments earlier as Camron Mulcair and Meghan McNevin look on during the Moira Lake Fishing Derby. The catch ended up winning third place in the pike category.



Photo by Evan Campbell

A crowd started to gather around the bonfire as the temperatures dropped into the -20 degree Celsius range at the Crooked Rock Bonspiel in Arnprior, Ont., on Sunday. The bonspiel was played from 3 p.m. until 10 p.m. with a potluck and fun times had by all.

Families have fun on special day

By Sandra Kielback

Art For Everyone! is a unique place to make art, meet new people and have a great time.

Owner Rachel Comeau opened Art For Everyone! in June 2012, after moving to Trenton from Nova Scotia and has had many events to make Art For Everyone! known in the community. You can find Art For Everyone!'s store front at 263 Dundas St. E. in Trenton across from Mark's Work Wearhouse.

Comeau has a fine arts degree from the Nova Scotia College of Art and

Design and a teaching degree. She used both skills to create Art For Everyone!

"Family Day doesn't make any sense because everyone has the day off to do stuff with their families but there's nothing to do," said Comeau.

She hoped that having a Family Day activity would encourage families to get out and do something rather than sit at home.

Families that showed up were able to get their faces painted, decorate a picture frame, make silly hats, create family trees and get their family photos taken to go into the picture frame.

"We have a very busy schedule but we love art; we are a creative family. I took the day off to bring the kids here," said mother of two Tracey Whitten.

This was the Whittens' first time participating in any activity that Comeau has offered.

"We're definitely enjoying it," said Whitten.

In total Art For Everyone!'s Family Day activity brought out eight families, Comeau and her staff hope by next year more families will show interest and come out and make Family Day memorable.

Those who know about Art For Ev-

eryone! love it and most come back more than once, Comeau said.

"In terms of what we have here and what we offer it's very unique and people are willing to drive to it. One family comes all the way from Napanee," said Comeau.

Art For Everyone! has many different classes every day of the week. It also offers day camps, birthday parties, workshops, and more.

Birthday parties are a big hit at the shop. Partygoers make a large variety of art, including rain sticks, t-shirts, and buttons.

Not only are there classes, but also

the studio doubles as a gallery where about 25 artists from around the area show their works.

Lately Comeau and her staff have started to teach a class at one of the local retirement homes and hope to continue it for as long as they can.

"We really focus on those who don't think they are creative," said Comeau.

They are also preparing for an art night at St. Mary Catholic School, which will be held in May.

For more information about Art For Everyone! contact Comeau at 613-955-1001.



Photo by Tijana Martin

Crystal Rumsam tries snowshoeing with her daughter Autumn, 5, and her son Jesse, 6, during a Family Day event at the Frink Centre. The event included a guided tour through the woods and a chance to try snowshoeing, approximately 40 people attended the event.

Great outdoors part of day of fun

By Tijana Martin

On Monday, the sun was shining, inviting all those around to get in touch with their families and with the great outdoors.

Approximately 40 people joined together at the H.R Frink Outdoor Education Centre for a morning of fun with their loved ones.

Mary Tiessen, a facilitator for the Friends of the Frink Centre, was happy with the number of people that attended the event.

She stressed the importance of how peaceful nature can be, and how we "have to connect with each other, and a good way is through nature."

The only things surrounding them were thousands of trees, and the tiny foot-

steps left behind from the wild animals that inhabit the area.

It was a day to appreciate their families while submerging their selves amongst the peace and quite nature has to offer.

Beaver teeth marks on the logs near the Moira River made the children pay extra close attention the tour guide.

The only sounds in the middle of the woods were that of children laughing, and the snow being stepped on as family members followed a guided hike through the woods.

Parents held the hands of their young ones, and stopped to make sure their children were warm.

They would fix their children's scarves, and pull their hats down closer to their heads.

Shortly after the hike, the families went

inside for a short break to get warmed up in preparation for the next event, snowshoeing.

For many, it was a day of firsts. Leslie Beatty, however, is an avid snowshoer and came out with her two kids to get a chance to experience some new trails.

For Beatty this was a chance to relax with her family on Family Day.

"I am a busy, busy single mom, with hockey, curling, jazz, piano and all of that stuff, so it's nice to be able to relax and enjoy the day. There is no timeline, no rush, no anything, it's fantastic," she said.

Melony Beens described the importance of Family Day as "a time to connect, and celebrate the great outdoors together and do something to make some memories."



Photo by Alicia Wynter

Clive Jandles plays the drums with his two-year old son Tyler Jandles at the Forest Hill United Church in Kitchener, Ont. during Bring on the Sunshine family day event. "It was awesome, it was real nice. I really enjoyed it, and the kids really enjoyed it. My son enjoyed the drums very much," said Jandles.



Photo by Alicia Wynter

Children, moms and dads enjoyed a full day of tobogganing at the McLennan Park in Kitchener, Ont. for family day. Young and old alike took a slide down the big snowy hill Monday afternoon.

Students get tuition help from store

By Mandy Larade

Four dollars for a bag of clothing is a steal, some might say.

This past week, shoppers in Belleville were able to jump on this sale at Belleville's Thrift Store.

The thrift store, which is located in Hilden Square on Sidney Street, and has been active and running for about nine months now, is a non-profit organization to benefit Belleville Christian School and is owned and managed by Tineke Bouma.

"The purpose of the store is to raise money for tuition assistance because I feel bad that there's families who would love their children to have Christian education but can't afford it," Bouma explains.

Belleville Christian School is one of many private Christian institutions in Canada.

"It's always been a struggle because it's fairly expensive. Tuition is fairly high. It's difficult for people to make that."

Although she recognizes that there are many distinguished and well-operated public schools in Canada, Bouma says that the most important things to her about Christian education are the morals that are taught along with the smaller class sizes that help each student benefit from the attention.

"I find that at the Christian school, there do seem to be smaller classes and the kids get more attention, more one-on-one learning. They're taught morals that I would agree with."

The clothing sale was made possible by the excess amount of clothing that has been recently donated to the store this season.

The store's racks and shelves are filled with secondhand goods such as unisex clothing, books, music, children's toys and even small furniture.

"It's totally run by volunteers. There's no paid staff, and everything that's in the store has been donated, so we're not buying anything. All the profits go directly to the school. There isn't any person that profits from what's sold at the store."

There are many seniors and teenagers who are currently volunteering at



Photo by Mandy Larade

Anna McPaul, granddaughter of Tineke Bouma, who owns Belleville's Thrift Shop, peeks out from the racks of clothing during the store's sale on Feb. 16. The proceeds of the store go directly towards tuition assistance for students at Belleville Christian School.

Belleville's Thrift Store, but help is still needed.

"We're still always in need of more volunteers. We can always use more donations of small furniture or whatever."

The group of volunteers who serve also include Bouma's granddaughter, Anna

McPaul.

"Sometimes I hang up the hangers. I greet customers sometimes, and usually I help out in the back and in the trailers," McPaul says. "I really like sorting."

Bouma has been directly involved with

Belleville Christian School for several years.

"Five of my children graduated from Belleville Christian School and right now I have five grandchildren attending."

Any profits from the store that Bel-

leville Christian School doesn't need for tuition assistance will go towards building a bigger school.

Belleville's Thrift Store, located at 393 Sidney Street, is open Monday to Saturday. For more information call 613-967-1371.

Event supports 1 Billion Rising

By Brianne Ste Marie Lacroix

Thousands of 1 Billion Rising events were held across the globe to represent collective strength, solidarity across borders, dance, and rise up to end violence against women.

One Billion Rising is a one-day event created by the same woman who started V-day, Eve Ensler. There were thousands of events in over 200 countries where women and men stood together and danced to support the movement. One of those events was here, in Belleville. Darcelle Runciman, author and business coach, decided to host this event.

"I thought about how it would be a great opportunity to host one here, in Belleville. I've lived in this area for years so I thought it was a good opportunity. I just wanted to address violence against women and help the community have a voice, so I decided to put the event together," said Darcelle Runciman.

The movement's intention, according to their website, was for this to be a global strike and an invitation to dance, a call to men and women to refuse to participate in the status quo until rape and rape culture ends. It was to be an act of solidarity, demonstrating to women the commonality of their struggles and their power in number, a refusal to accept violence against women and girls as a given, a new time and a new way of being. There were also live streams from events across the globe online.

Belleville's 1 Billion Rising event was held at

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Darcelle Runciman

the Quinte Ballet School of Canada (QBSC). The event started off with speakers sharing their stories as well as motivating the crowd, of approximately 50, to take action and rise up. There was also group meditation and it ended off with dance. A group of dancers from the QBSC joined in to help teach the choreography to those who chose to dance the 1 Billion Rising dance.

"Globally, I think it's very important. There are women that are rising today that could be arrested or killed for rising up and dancing. I think that it's really important for us in Canada to get up and have a voice and help out women

around the world," said Runciman.

There were many speakers and topics ranged from violence against women globally to the violence happening in Canada. Kim Maracle, one of the speakers, took the time to bring awareness to the Annual Day of Justice for Missing and Murdered Aboriginal Women and the room held a moment of silence.

Janice Chrysler led the group through meditation "to connect spirits and be of one consciousness." She later discussed her own personal struggles with sexual assault.

"I had forgiven my abuser a long time ago but I hadn't forgiven my family and friends who, I felt, had failed to support me after it happened," said Chrysler.

"I had a close family member state that she wondered how long it would take for him to try something with me; because he was 'like that'. He did that with everybody... and then she laughed. I couldn't believe she laughed. Then she went on to tell me, that he did things like that with children. I had two children. I didn't laugh," continued Chrysler.

Many of the speakers spoke of how society often blames the victim and that they often have very little support.

"I do think that it's an issue that still makes women stay quiet because they're ashamed or they feel as though it's their fault. It was important for me to do this event to be able to tell people, it's not your fault and you didn't ask for it and say that this has got to stop," said Runciman.



Instagram Picture of the week

Thanks to @rightaswrong winner of this week's Pioneer Pic, with a satirical photo of the Pioneer Pic contest.

Make sure to follow us @LoyalistPioneer.

To see all the Instagram submissions, search #PioneerPics through Instagram. The deadline is each Tuesday by 5 p.m.

High schools take part in Junior Iron Chef competition

Up-and-coming chefs exhibit their talents at Loyalist event

By Tijana Martin

Tensions grew high as things heated up in the kitchen at Loyalist College this past Saturday.

The college hosted its 12th annual Junior Iron Chef Competition, and its fifth annual Food and Beverage Show.

Two high schools were competing in the finals of the competition: St. Theresa Catholic Secondary School from Belleville and St. Peter's Secondary School from Peterborough.

By the way they acted in the kitchen, you would have never guessed the competitors were still in high school. MaryAnn Greenhorn, a second-year culinary arts student at Loyalist, said she believes that there are some very talented up-and-coming chefs in high schools.

The competitors during the semi-finals "were a little intimidated, but they didn't let it show, they just kept on going. They did an amazing job, kept their heads down, kept focus, kept their head in the game and they just pulled it off. It was amazing," she said.

Reagan Leween, a student from St. Theresa's, said this competition has



Photo by Tijana Martin

St. Peter's team members (from L-R) Kealan Ryan, Montana Scott, Michael Mierzejewski and Josie O'Brien celebrate after winning the 12th annual Junior Iron Chef Competition at Loyalist College on Saturday.

taught her a lot. She has learned "new knife skills, how to do teamwork better and how to work under pressure."

Loyalist second-year culinary students are the ones responsible for or-

ganizing the event.

Kristen McIsaac, a second-year culinary management student and also a project manager of the event, said, "We have worked on this for the past

six, seven months, and it's really awesome to see it all come together as it has. I don't think it could have gone off any better."

There was a good turnout to the

event, as people gathered in the cafeteria for the Food and Beverage Show while anxiously waiting for the results from the Iron Chef competition. Throughout the afternoon, there were live demonstrations happening, giving the guests a chance to take some recipes to try at home.

The demos ranged from Steak Diane to simple vinaigrettes.

You could also find children gathering around the "decorate your own cupcake" station. As for the adults, you could spot them near the winery stations, sampling a wide range of wines.

As the event was coming to an end, people crowded near the podium to await results. Marlayna Church, a second-year culinary student gave a speech before the results, while team members from St. Peter's sat together anxiously waiting to hear the results. They announced St. Theresa's as the second-place winners, and both teams reacted quickly to the results.

St. Peter's was overjoyed after they realized they took the first place prize.

Montana Scott of St. Peter's said, "We have been able to learn how to work well with each other and support each other a lot because that's really important."

Teammate Michael Mierzejewski added that the teamwork really showed through in this competition.

Bulls continue winning ways

By Evan Campbell and David Zammit

The Belleville Bulls defeated the last place Ottawa 67's at home with an 8-5 win on February 20th 2013 at the Yardmen Arena.

Going into the game, the Eastern Division leading first place Bulls were hoping to get a win over the last place 67's to gain points and boost them farther into the lead over the closely following Barrie Colts.

For Wednesday's game, Bulls coach George Burnett started backup goalie Charlie Graham to replace Malcolm Subban for a rest and Graham came out with a win, making 31 saves to add to his record of 13-5 on the season.

Bulls player Alan Quine was the games first star, with his first career hat trick since joining the team at the trade deadline. He scored goals in the first, second and third periods, and also got an assist on a goal to second star Tyler Graovac in the second.

Season Recap
The Bulls have 78 points in 56 games. They have a three point lead over the Barrie Colts who have 75 points in 57 games played.

"I like where we stand right now but we have a lot of big teams we have to bury before the playoffs so we'll see" said Joseph Cramarossa, Bulls forward.

The Bulls are the hottest team in the OHL right now at 9-1 in their past ten games. They are currently on a seven-game winning streak. Second best winning percentage in the league at .696%.

The story of the year for the Bulls is how well defensively they have played in front of Subban who is leading the league in goals against average. Subban is also tied for first in save percentage.

"We are happy with our goaltending



Belleville Bulls' Alan Quine trips on Ottawa 67's Clint Windsor's goalie stick as he nets his final hat-trick of the night during the third period at the Yardmen arena in Belleville Wednesday. The Bulls went on to beat the Ottawa 67's 8-5.

Photo by Tom Hicken

this season, no matter who plays I feel we have a good chance at winning no matter who starts the game," said Cramarossa.

The Bulls have the second best goaltending stats in the league next to the Owen Sound Attack.

The Bulls just moved into the top 10 in the CHL rankings. They are ranked 10th behind two OHL teams, London Knights, Owen Sound Attack. It's only the second week that they have been

ranked in the top 10 this year.

The Bulls addressed their forward depth by adding Graovac and Quine, hoping these forwards would put them over the top offensively. Since the trade, Graovac has 24 points, 11 goals, and 13 assists. Quine has 30 points in only 17 games, nine goals and 21 assists. Graovac and Quine took over the top scoring spots on the Bulls when they were acquired. Graovac is tied for 23rd in the

OHL in points, and sits ninth in goals with 32. Quine is tied for 28 in OHL in points. Jordan Subban is in 6th in defenseman in points with 45.

Three teams in the league have a winning record against the Bulls. All the other 16 OHL teams are either .500 or worse against the Bulls

They are 1-1 against the top team in the league, the London Knights.

The Oshawa Generals have dominated

ed the Bulls this year, going 5-2 against them, outscoring them 27-18.

The Peterborough Pete's have feasted off the Bulls this year, grabbing 8 out of 10 possible points, with a 4-1 lead in the season series. Out scoring them 16 to 11.

Mississauga Steelheads are the other team that has a winning percentage against the Bulls, beating them twice, and only losing once, outscoring them 9-3.

Some Loyalist College activities getting very little interest

By Alicia Wynter

Despite an effort to promote campus recreation activities, Loyalist College students have shown little interest towards some activities this year.

Cory Mestre, the fitness facilities and campus recreation coordinator, said he is having a hard time getting students to sign up for several activities available to Loyalist students. He said he feels that part of the problem is that students who are now coming into college did very little physical activity when they were in high school and junior high because physical education is no longer a required daily activity.

That in turn makes it difficult to run programs for campus recreation activities, he said.

"To try to break through the students, especially the last ones here now, and over the last few years who are connected to their smartphones, perpetually, I'm trying to disconnect them from those, just for a little bit to come out and be involved. It's really tough, and we see it a lot now," said Mestre.

There have been a few campus, residence, and other school activities that have failed to interest students. The residence Winterlude trip to Ottawa was cancelled because of low numbers, and other campus recreation activities have been affected because of low interest.

Mestre said he expected he would have at least six to eight teams with the demand for volleyball shown last year. This year, he didn't get enough students to sign up to play, so he decided to keep volleyball as a pick-up game for two weeks in hopes that more students will come out to be able to make a team.

He now has three teams and needs one more to start playing league games after the Reading Week break.

"I think personally what's been the most disheartening for me has been our outdoor education activities for whatever reason did not connect with people this year. Our flat-water canoe trip in the fall has had a waiting list every year. This year we had two people sign up. That crushed me a little bit," said Mestre.

The hiking trip, white water canoe and flat-water canoe trips were usually very popular and always had a waiting list, except for this year.

The lack of interest in some campus recreation activities sounds like it's not going well, but all is not lost. Badminton has been average, hockey went well although it looked very tentative at the start. Basketball and ball hockey drop-in went well, and zip-lining was a huge success and had a waiting list, as well as rock climbing, said Mestre.

The ski trip to Smugglers Notch, in Vermont, also had a waiting list and

went very well, he said.

The indoor soccer league has been a huge success. Mestre has had 10 teams, and nearly 200 students involved on a weekly basis.

Campus recreation may have to look at doing more day trips instead of going to Algonquin Park for the white water camping trip and do an introductory trip at one of the closer locations.

Mestre said the outdoor camping trips may be a bit daunting to some students coming out of high school who have not been physically active. The get-away events are beginner level trips meant to be for introduction.

Mestre said he doing his best to advertise the many campus activities that he provides to students here at Loyalist, and it does take an effect on the budget.

Messages go out through e-mail, the Loyalist Lancers website under Campus Rec. There are several campus rec Facebook pages that cross-promotes on the varsity Facebook page as well. Promotion also goes through the Loyalist Lancers' twitter feed, and posters are put up in high traffic areas of the hallways as well as each residence building, the dome and commons building.

Mestre said he is at a loss as how to promote beyond what he can do.

"The activities have been promoted better than they ever been."



Photo by Alicia Wynter

Brad Millar enjoys an evening of rock climbing at the Boiler Room in Kingston. Rock climbing is one of the many campus recreation activities available to students at Loyalist College.



Marcus Niemann sits in the middle of the ring in the Queen's University gymnasium Feb 19 in Kingston, Ont. Niemann has been involved with the sport of wrestling for over 30 years. He is currently the head coach of the Kingston Wrestling Club. "Wrestling really embodies the Olympic spirit," Niemann said.

Photo by Patrick Callbeck

Wrestling reaction to removal

By Patrick Callbeck

The recent International Olympic Committee recommendation to remove wrestling from the Olympic Games has caused a reaction from people all over the world, including Marcus Niemann, the head coach of the Kingston Wrestling Club.

Niemann, who has been a part of the wrestling community in Ontario for over 30 years, stresses that removing wrestling from the Olympics would be detrimental to athletics in many different countries.

"In the last Olympics more countries won medals in wrestling than countries participated in Pentathlon. It is a truly international sport. To many countries it is super important"

To see more from the Kingston Wrestling Club scan the QR Code below.





Photo by Solana Cain

Resident clinic cat, Roger, spends his days pestering two zebra finches who also live at Bay Regional Veterinary Hospital. A study published last month in the U.S., says cats are responsible for killing close to 20 billion mammals each year.

‘Cute and cuddly’ natural born killers

By Solana Cain

Roger ducks behind a bookshelf, waiting for the twins to settle down. He listens to their squawking until finally a hush falls between them. Now is his chance.

He darts from behind the bookshelf, races across the room, jumps on the table and before either twin knows it, he’s on top of them.

They screech and retreat. Roger trots back and lies once again behind the bookshelf. He’ll do this all morning – hide, stalk, pounce.

Don’t blame him though, it’s in his nature. After all, Roger’s only an orange tabby cat

A study published last month in the journal *Nature Communications*, estimates that cats kill in between 1.4 – 3.7

billion birds and 6.9 - 20.7 billion mammals a year in the United States.

Scientists credited both domestic cats, that spend part of the day outside, and stray and feral cats in the U.S. for kill rates that are “shockingly high”, according to a news story published in the *Toronto Star*. The study positions cats as the leading human-linked cause of death for birds and smaller mammals.

Inside Belleville’s Bay Regional Veterinary Hospital, Roger welcomes clients by jumping on their lap and rubbing against their leg. He lives at the clinic along with two identical zebra finches.

“Roger likes to try and knock over the bird cage,” said Dr. Linda Hack.

Unsurprised by the results of the study, Hack says people often forget that cats are hunters because they’re

“cute and cuddly”. She says it’s in Roger’s nature to pounce on the caged birds in her clinic.

“Cats are hunters,” says Hack. “In one day, a cat could eat eight to 10 mice.”

Free-ranging domestic cats have contributed to multiple wildlife extinctions, according to the study, however, stray and feral cats cause the majority of this mortality.

“Songbirds’ population have been directly affected by cats,” said Nathalie Karvonen, executive director of Toronto Wildlife Centre.

Outdoor cats are responsible for millions of songbird deaths in North America each year. Currently, songbird populations are in decline throughout the country, said Karvonen

“I don’t see why there should be dif-

ferent laws for dogs and cats,” said Karvonen about owners that let their cats outside to roam free.

“I have a cat,” she said, “I love cats but it’s about responsible pet ownership.”

According to Keep Animals Safe campaign created by Toronto Wildlife Centre and the Canadian Cats Indoors Alliance, cats have retained their instinct to hunt even with the influence of domestication.

Cats are a non-native species to North America as they are the descendants of the African wildcat and predation is inherent to their species, says Karvonen.

There are millions of outdoor cats in North America alone – not including strays and ferals – and when even well-fed cats hunt, the loss of wild animals such as mice, rabbits, birds, and squirrels

is vast.

In Belleville, there is a bylaw that states cats must be kept indoors or in a secure yard on your property.

Sheila Doyle, of Belleville, recently had one of her cats run off. She still has Yodie, a 22 pound white cat that “lives to eat.”

Doyle never lets him outside, “he’s probably bored but I’d rather him be safe than me picking him up off the side of the road,” she says.

She also fears coyotes will attack her furry friend.

Doyle has decided to get another cat to keep Yodie company, she’s at the Quinte Humane Society. Particularly smitten by one older black cat, Doyle gently scratches behind the cat’s ear and coos, “I think you’d be a sweetie.”

Technology plays important role in school setting

By Justin Tang

There’s nothing out of the ordinary when you first walk into Maureen Sheridan’s first-year graphic design class.

Students sit casually, arranged in three rows that face a chalkboard. Three bell peppers—orange, red and green—sit upon a square sheet of tin foil at the front of the class, waiting to be copied, illustrated and interpreted. Sheridan lets the class doodle before they get to work.

But there is something different. Among the pencil crayons, sketchbooks and coffee tumblers, there’s a new tool that’s helping the creative buzz in the room. It’s the iPad and it’s changing the way students work and interact in the classroom.

“It’s just a little gadget but it puts so much power into the hands of the students,” said Lisa De Angelis, coordinator and professor at the brand new Loyalist College program.

Each student purchased an iPad as part of the program’s consumables fee. De Angelis said there were no complaints about the \$710 total that included charcoal, paper, colour pencils and an iPad.

“It’s the Christmas tree effect,” she said, recalling the day the students opened their packages. “It’s like a present. They loved it because it was something new [and then] they found out how many practical applications there are.”

The mix between hands on and technology is an apt analogy of the program itself.

“You never lose the importance of paper, pencil and brain,” De Angelis said. She points to her head. “This comes first, always. Then you move it to the iPad or computer.”

De Angelis gives an example. Students had five minutes to research a cereal brand and another 25 minutes to sketch an equal number of mascots for each brand. Even through a simple project like



Photo by Justin Tang

Loyalist graphic design student Chelsea Mannik, left, gets advice from Professor Maureen Sheridan as she photographs the peppers she will later sketch. The graphic design program, in its first year, included an iPad in its consumables fee and makes intensive use of the device in its curriculum.

this, the iPad shines.

“We’re way more connected. We’re doing stuff together more. I can speak, they can listen, they can research, they can draw,”

De Angelis said she believes the iPads will have an impact on her students’ success.

“Graphic design is as much about research and creativity,” she says. “I believe they have become better designers because their research is more sound.”

The iPad has also been a hit with high school students, perhaps no more so than in Kyle Pearce’s ninth grade math class at Tecumseh Vista Academy in Tecumseh, Ont.

Pearce was awarded a Teacher Learning and Leadership Program grant through the Ontario Ministry of Education in 2011 that helped fund a 1:1 iPad

classroom.

A cart of 30 iPad 2s greets each of Pearce’s 160 Grade 9 students when they come into class. The group is divided so each student has a device in hand during class.

The key to Pearce’s approach has been the daily use of the devices—and it’s changed the classroom’s dynamic for the better, he said.

“I’m walking around and I’m working with different table groups. I’m not stuck at the front in a traditional style,” he said.

The proliferation of technology also has added benefits. Pearce uses digital files to cut down on paper and copying. The students are able to mark up the files and save them on a digital drop box. Apps like Dragonbox, a math-based game, help entrench learning through an addictive and fun game.

“We’re cutting the hassles out of learning,” Pearce said. “Any student can write notes but it’s not engaging.” With the iPads, the content is available and user friendly.

Pearce is able to beam a student’s iPad screen up onto a projector through Wi-Fi

and an Apple TV.

“We’re letting the students lead the lesson,” he said. “They can explain their thinking with the rest of the class. In the same amount of time it would take one student to write on the board, I can look at five or six ways of how they solved the problem.”

The iPads have been part of a pedagogical shift: a drive to move away from copying approaches and simple note taking and instead, using logic to find multiple ways to problem solve. Pearce believes students are coming out stronger.

In the first year of the 1:1 program’s existence, every Tecumseh Vista student except for one achieved his or her Grade Nine credit. Pearce’s students, in both applied and academic streams, achieved significantly higher results in Education Quality and Accountability Office (EQAO) standardized testing than the provincial average.

“Is it all attributed to the iPads? Probably not,” Pearce said, “but the style of learning and teaching is probably associated. It indicates that we’re on the right path.”

There has been a cost—the first set of 30 iPads cost around \$20,000—but Pearce argues that the iPads present a major cost saving in the long term.

“It’s more bang for your buck,” Pearce said, pointing out that traditional costs are considerable.

“Textbooks cost close to \$100 each, but the iPad essentially replaces them, clicker devices, graphic calculators and paper.”

The iPads have found traction in the Hastings Prince Edward District School Board as well. Communications officer Kerry Donnell said the majority of the district’s 42 elementary schools and eight secondary schools are using some level of

“iDevice” integration.

“We’ve seen a great growth in educators wanting to use the technology in their classes,” Donnell said.

The introduction of iPad and iPods is part of an evolution of classroom technology, from fixed computer labs of old to more modern carts of laptops, nicknamed “computers-on-wheels” (COWs).

“Now we have schools requesting iPads in addition to COWs, and we’re seeing tremendous use of iDevices as teaching and collaborative devices in the classroom,” Donnell said, noting that the costs are included in the school board’s technology budget.

The school board has been conducting an iDevices pilot project this year, pairing students identified with autism spectrum disorders with iPads. The pilot project uses an app called Proloquo2Go that helps with social learning.

“We have found that students with special needs respond very well to working with iDevices,” Donnell said.

The devices have changed the way modern classrooms function. Pearce can’t imagine going back to an iPad-less world. It’s the visitors to his class that remind him how much technology has advanced his class.

“People are amazed at how on task we are and how much content we can get through. If we were to take the iPads out, we would get through half as much content and have less students involved,” Pearce said.

De Angelis calls the advantage the iPad brings a “no brainer.”

“If most profs sat down and connected the dots, they’d see a clear correlation to its usefulness in teaching and having fun in the classroom. It’s like we’re more engaged because we have this.”

‘People are amazed at how on task we are and how much content we can get through. If we were to take the iPads out, we would get through half as much content and have less students involved.’

Teacher Kyle Pearce

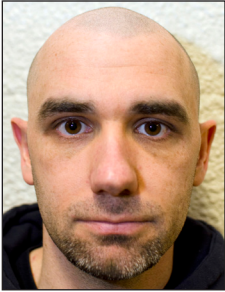
On the street

We asked people at Loyalist College the following question:

How do you feel about wrestling being removed from the schedule at the 2020 Olympics?



Cory Mestre, campus recreation & fitness facilities co-ordinator, “This is ridiculous. It seems like the IOC has tried to make more money by taking sports like wrestling and substituting it for a sport that draws more fans and income.”



Scott Tinsley, police foundations, “Terrible for both. You can’t take an original event out of the Olympics. Why? So you can replace it with non-sports like golf? Golf is a mind game not a physical one.”



Lauren Deans, registered nurse, “Why do they need to take wrestling out of the Olympics? There must be a reason for the IOC actions. I am interested in knowing why they have removed it from the schedule.”



Shannon Carbino, customs border services, “I think it’s a bold move by the IOC that will draw a lot of attention leading up to 2020 Olympics. If they take wrestling out they should remove synchronized swimming too.”



Jack Carver, journalism – online print & broadcasting, “It’s one of the first events in the Olympics. It’s a spit in the face to the Olympics. This is an event everyone wants – to know who is the world strongest man on a mat.”



Phillip Howlett, professor of community and justice services worker, “The IOC wanted more money and their way of doing that is removing events that don’t draw many fans for a more popular one like golf.”

Editorial

Study looks at stressed students

A recent study shows high school students in the country’s largest school board are stressed. This is really nothing new. What is new, however, is that this is the first time a study of this comprehensive scope has been done on the issue.

Recently, the Toronto District School Board released its 2011 Student Census, with a total of 103,000 students from Grades 7-12 surveyed. For the first time, it asked students about their social and emotional well-being.

It’s high time the focus included what’s going on inside students’ heads since statistics show 10-20 per cent of Canadian youth are affected by a mental illness or disorders and experience mental well-being issues.

The study showed 73 per cent of those in Grades 9-12 are worried about the future, compared to 33 per cent worried about relationship issues and 46 per cent worried about family matters.

It also showed that in that same age group, 57 per cent were losing sleep because of worries, 29 per cent of those responding “All the time/ Often.”

The study stated that many of these worries increased with age. So, is this a normal part of growing up? It’s hard to say whether this generation is more stressed than others who went through this same period of their lives, because no study like this has been done before.

Life has its stresses, good and bad, but the numbers show the stress is affecting students’ well-being and something needs to be done to help them cope.

If this study is showing that students’ stresses are increasing with age, further studies should be done to see what is happening with these teens as they go on to post-secondary education. Does this stress and inability to cope with it in a healthy way go on to cause mental health disorders?

Mental health has been an issue ignored or stigmatized for far too long and research like this shows that our community is hoping to understand the issue much more. According to the Centre for Addiction and Mental Health, on any given week, about 500,000 employed Canadians can’t work because of mental illness. And the estimated cost to the Canadian economy is \$51 billion in terms of health care and lost productivity.

The study is a step forward in looking to youth and recognizing the areas that haven’t been studied yet. As data builds, it will be even more incentive to foster changes, but what changes will happen remains to be seen.

Marta Iwanek

Over-Attached Girlfriend takes clinging to new level

The wide-eyed and awe-inducing smile could have been endearing – had it not been coming from the significant other you’ve always been dreading.

The Internet phenomenon of the Over-Attached Girlfriend has given a name to the relationship that everyone knows about, but nobody wants. Fuelled by videos of a girl’s soul-stealing stares into the camera, and singing lyrics threatening physical harm to their partner if they reject them, the videos simulate the tendencies of a stalker.

Taking clingy to a whole new level, the Over-Attached Girlfriend never wants to leave your side, and if you’re not thinking about her, well, let’s just say, you probably shouldn’t be thinking at all.

She’s the girl who regularly goes through phones, accusing her boyfriend of cheating, most likely during a time when he obviously is not, and will never let him leave her sight.

Going viral with YouTube videos and memes, the Over-Attached Girlfriend has become a big joke. But is it really that funny?

The concept of having a clingy relationship isn’t new, but neither is the danger that comes with the territory.

Domestic violence often starts with the unhealthy relationships, and can get even as dangerous as murder.

But, it’s not just the girlfriends who act this way, it’s the boyfriends too.

The most recent example is Oscar Pistorius, the Olympic sprinter who is best known for competing in the summer 2012 Olympic Games. He has been accused of allegedly murdering his girlfriend Reeva Steenkamp on Valentine’s Day in their South Africa home.

Another case involves Patrick Brazeau, the suspended Canadian senator, formerly sitting with the Conservative party before they suspended him last week for being arrested for domestic violence.

In 2010 Statistics Canada released information that dating violence was over 65 per cent higher than the rate of spousal violence in both men and women.

While taking the Over-Attached Girlfriend to the extreme can be comical, the thought of being hunted down by a partner because they just want to be together all the time is terrifying.

Perhaps it’s a conversation that needs to be had regarding mental health, examining why these relationships become so extremely attached to each other, or maybe it’s a lack of communication.

To keep the Over-Attached Girlfriend at bay, talk about it, discuss the problems in the relationship, and if it’s not working out, get out.

But just keep it off the Internet. There’s no need to fuel that fire and it could possibly “inspire” other girlfriends.

Catherine Jackman



By Vivek McCague

Opinion

Society becoming dependent on technology

Nomophobia defined as fear of being without access to one’s mobile phone

By Justin Tang

There might not yet be a word in the English language for that sinking feeling when you’ve lost your phone, but there’s one that’s close.

Nomophobia, literally derived from “no-mobile-phobia,” is the fear of being without access to one’s mobile phone. A recent report, published by telecommunications giant Rogers, suggests that 65 per cent of Canadians are afflicted.

The report on 2012’s mobile technology trends indicates that 55 per cent of those surveyed check their mobiles before brushing their teeth in the morning. A total of 51 per cent sleep with their smartphone in bed or close by and 83 per cent use their devices while in the washroom.

It’s probably the closest word that relates to the dread and fear when a quick swipe of your pockets, jacket and bag reveals them to be

empty. You’ve lost your phone.

I’m among those that know this feeling firsthand and the desperation that comes when a thorough search falls through.

I’m a little embarrassed to say that the 60 minutes between discovering my iPhone was indeed lost and finding it face down in the middle of a Hull, Que. roadway were some of the most viscerally aggravating moments that I’ve felt in a while.

My nomophobia—even apparent from being unable to connect my friends over my “plight”—was rationalized by more practical concerns.

How would I afford a new phone if mine was lost? What about my personal data and signed-in applications if my phone had been stolen? And worse, what kind of hassle would I have to endure in a post-lost-smartphone world?

Though my phone was missing, all was not lost. While we’ve grown more dependent on our mobile devices, there’s more technology than ever before to help us keep our affairs in order.

I had downloaded Find My iPhone, a free iOS app, when I got my phone. It paid itself off

in dividends. With the help of friends and a laptop, I was able to locate and lock my phone through GPS. A green dot told us that my iPhone was on Boulevard Montclair. It wasn’t moving.

We’d driven on that road some 40 minutes before, and headed back to the spot. The phone was within metres of its broadcasted location. It was covered in slush and snow and had probably been run over, but its Otterbox case had spared it.

There’s give and take to using location-based recovery tools like Find My iPhone, Blackberry Protect and Where’s My Droid. Concerns regarding privacy are at the forefront, from worries over malicious users (stalking ex-lovers is a notable example) and governments or other parties using location-based data to mine information on whereabouts.

I was saved that evening by the very technology I had lost. I learned about my own dependence on technology and how 112-grams of missing metal and glass could make me feel a thousand pounds heavier. And perhaps most importantly: to never leave my phone on the roof of a car ever again.

Instagram – A simple and free camera tool into the world of professional photography?

By Nam Phi Dang

It’s fun. It’s simple. It’s instant. Instagram has made its way onto over 30 million users’ phones and features about 40 million photos per day.

The simple idea of taking photos with vintage film effects on your mobile device, sold users all over the world. No more is a dark room and a large camera needed. Being able to share it right away to the world of social media beats post-processing photos. But, is it too much for Instagram to state that it is capable of turning mediocre phone shots into professional work?

The idea of getting people exposed to photography with requirements of only a smart phone, the free app itself and lots of

creativity is great.

There’s no doubt that you can get good shots with an iPhone or Android smart phone. But there should be a border between fun, quick and quirky versus photo work that can actually be paid for.

Instagram has every right to claim that their app can instantaneously make ordinary photos of mundane objects or scenery look visually pleasing. What they shouldn’t claim though is that your dinner plate or duck face self-mirror shots added with some cheap film-like filter will equal the work of someone who may have dedicated their life to photography and editing.

If it was really that simple to make professional work out of it, wouldn’t that put every professional photographer and editor

out of business? It’s scary that this simple tool with 14 preset filters and easy social media connections to Facebook or Twitter could potentially bring more viewers than a fully developed professionals’ website.

I am a user of Instagram. The idea of being able to go to major events and have my viewers connected to it instantly through a photo on my phone is the reason why I use it. The simple idea of this camera app on your phone becoming a professional tool bothers me. I strongly feel Instagram shouldn’t claim itself as a “professional-looking snapshots” tool but rather, an app that enables those who have either never done photography or want to do it on the go as a quick and fun way to express their daily life through the means of digital photography.

The Pioneer

The Pioneer is currently produced by photojournalism students for Loyalist College and the surrounding area. In the spirit of the pioneers who settled our community and who were rooted in tradition, these pioneers always had an eye on the future. Our students strive to serve the public interest, seek the truth and uphold the highest standards of our profession.

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