



Photo by Lyndsay-Lee Quinn

Clint Windsor makes one of 47 saves for the Ottawa 67's against the Belleville Bulls on Wednesday night. Bulls defenceman Jake Cardwell tries to help stuff in another goal to no avail. The Bulls ended up losing their third game in a row, 3-1.

Bulls lose third in a row

By Lyndsay-Lee Quinn

Ottawa 67's left the Yardmen Arena for the last time this regular season after a 3-1 win over the Belleville Bulls.

The 67's were able to end their nine-game losing streak, handing the Bulls' a third straight loss in a row.

67's goaltender Clint Windsor has only played in the Ontario Hockey League for three seasons, but was looking more like an NHL player in Wednesday's game, letting in a lone goal from 48 shots on net.

Joseph Blandisi opened the scoring with his 14th goal of the season, in the first period, from a scramble in front of Malcolm Subban.

In the second period, Subban made some key saves to keep the 67's from getting an insurance goal, but brother Jordan Subban took a double-minor penalty for roughing and unsportsmanlike conduct, which led to the 67's second goal of the night by Sean Monahan.

Not discouraged by the 2-0 Ottawa lead, the Bulls kept coming. Eventually Alan Quine scored with only 2:48 left in

the third.

Quine's goal gave the team and fans hope of turning the game around and possibly bringing it into overtime. Subban was taken out of the net, giving the Bulls six attackers but it wasn't enough. Monahan got an empty-netter at 19:38, his second goal of the night and 30th of the season.

The only Bull player to be named one of the 3 Stars of the night was Quine. Monahan was the second star while Windsor was the number one star.

The fan attendance did not look like

that of a team currently sitting first in the OHL eastern division. On the ice, the Bulls didn't play like it either. With only 2,352 fans in attendance, it makes people wonder how much the lack of support affects the performance of the team.

The Bulls play the next three games on the road. Up next are the Sudbury Wolves on Friday, who currently are sitting fifth in the same conference.

The OHL released the top performers for February. Once again, no Bulls were selected.

It's time to spring ahead

By Julia McKay

This Sunday, 2 a.m. Don't forget.

It's that time of year again. Time to 'spring ahead' and turn your clock forward by one hour for the beginning of Daylight Saving Time.

And lose an hour of sleep.

According to timeanddate.com Daylight Saving Time was introduced in the early 1900s as an energy saving measure and is now used in over 70 countries to take advantage of the change in daylight hours.

Along with the possible energy savings, it can just make you feel better.

"People are generally happier. There is more daylight when you head home," said Lauren Deans, Loyalist College student services registered nurse. "There is a spring in people's step."

"I like it better because when you come out of class it's light out and you don't feel like you've missed the day," said Kelly Cooney, a second-year student in the child and youth worker program.

"I look forward to it. With the extra daylight means spring and summer are coming," said Mary McConnell, student success mentor at Loyalist College. But McConnell warns that it can have an affect on your routine and sleep habits.

"I find that people take some time to get used to it. It mixes up your schedule and takes awhile to get back on track," said McConnell.

And not everyone enjoys the change in time.

"I don't like it. I feel like I'm thrown off," said Katelyn Cowx, a student in the child and youth worker program. "I'm more focused on the hour of sleep I've lost and just wish I was sleeping."

Along with changing the time on your clocks, it's also recommended that you change the batteries in your smoke and carbon monoxide detectors.

"We always recommend changing the batteries in your smoke detectors every six months so it works well with daylight saving. It's an easy reminder," said John Lake, fire prevention officer with the Belleville Fire department.

"Changing your batteries is cheap insurance and can save lives," Lake advises. "But don't go to the dollar store for batteries. Spend the money for the ones that will work with your detector."

Not everyone remembers when the start of Daylight Saving Time is but will be reminded before the 2 a.m. change by friends, family or the media.

"I didn't even know it was coming up. I usually just wait till someone reminds me," said Cowx.

So, mark it in your calendars so you don't forget to 'fall back' at the end of Daylight Saving Time, which will be on Sunday, Nov. 3 of this year.

Making a difference around the world

By Sarah Vissers

Positive change is happening in the world, and some of it is starting in Belleville.

The members of the Belleville branch of Amnesty International—a non-religious, non-governmental organization—work hard to fight human rights violations around the world. Their method, 'the pen is mightier than the sword'.

It all started with a British lawyer, Peter Benenson, who, in 1961, heard of Portuguese students being arrested for making a toast to freedom. In response, he started the group called Amnesty International, which utilizes letter writing to put pressure on governments and publicize the abuse of human rights.

"The concern of one person really can make a difference," said Jan Sosiak, the urgent action co-ordinator of the Belleville branch.

Once a month, the Belleville members meet at the library to write various governments whose countries have known human rights issues. Sosiak receives a topic or urgent action from Amnesty on the first Friday of every month, writes a draft and the following Tuesday the members write the final letter.

"We certainly get letters back from people in government," said Sosiak. "Some of them are pages long. Defending themselves is what they're doing."

"We've had letters back from ambassadors. In nearly every case, we write either the president or the attorney general or somebody in the country who can make

changes. We also send a letter to the selected country's ambassador, asking to voice our concerns to their government," says Sosiak.

A response does not guarantee change. Not every country responds to Amnesty's letters. "You still keep plugging away because, eventually, maybe it will make a difference. There have been little changes," said Sosiak.

Marianne Chapelle, treasurer of the Belleville branch, agrees that the campaigns do bring about change. "Some of the people who have been imprisoned have said that the conditions within the prison have changed because of the number of letters received from Amnesty members. The country then realizes people all over the world know what's happening there. It's not a secret."

The writers also have a greeting card campaign at The Core Centre in downtown Belleville, happening on International Human Rights Day, Dec. 10. They write to various prisoners to wish them strength and let them know people are in solidarity with them.

"Sometimes there'll be a little note from somebody saying 'your cards really made a difference to me.' It makes it very personal for us," says Chapelle.

"I find it's been really rewarding. We've even had letters back from some prisoners, which has been really neat, and we've had letters back from some people who've been freed. Unfortunately it's not every month, but even once a year is wonderful," says Sosiak.



Photo by Sarah Vissers

Marianne Chapelle and Winifred Perryman look over a petition to help Aboriginal children in Canada at their monthly letter writing meeting.



Instagram Pic of the Week

Congratulations to Kendall Rich (user name @Redhairdonntcare) for a design prepared in a culinary class of a spoon out of cinnamon.

Be sure to follow us @LoyalistPioneer. To see all the Instagram submissions, search #Pioneerpics with your Instagram app. Deadline is each Tuesday by 5 p.m.



Photo by Gail Paquette

Digital print artist, Stacey Coulter, was one of the artists displaying work at The Core Centre art gallery on Pinnacle Street, Belleville.

Below the line at the CORE

By Gail Paquette

An eclectic group of artists occupied the upstairs gallery space at the CORE Centre, Feb. 22 to March 3.

The last three days of the Artists Below the Line show coincided with DocFest because of the successful partnership they shared last year.

"It worked really well last year," said Peter Paylor, artist and co-founder of Artist Below the Line.

"All these people came in and as they were waiting to see the films, they had something to do."

A year and a half ago, three local

artists conceived the idea of finding ways for artists of limited income to show their work.

They discovered that the upstairs space at the CORE wasn't being used.

"We approached the people here. They are very much excited and supportive of what happens in the community. They asked us what we wanted to do. We told them. They said go ahead," said Paylor.

The CORE Centre is at 223 Pinnacle St. on the southeast corner of Pinnacle and Campbell streets, across from the library. Visit www.coreinfo.ca for a list of upcoming events and shows.

