



Olympian and world champion hurdler Perdita Felicien poses with the medal she won at NCAA for setting the record for the fastest time a freshman has ever run the 100-metre hurdles. Felicien retired from competitions last October. She says she doesn't miss it. "I eat what I want and I drink what I want," she said. "I only just retired though, ask me in a few years."



Harold Blair Heeney sits in his residence at the Quinte Gardens retirement home. Heeney was the director of the former Smithfield Experimental Farm, located west of Trenton, from 1960-1979. He has published 27 books and has received a number of awards for his involvement with the Canadian horticultural and agricultural societies.



Singing alto, Jean Herrington is a longtime member of Eastminster United Church. Music has been a part of Harrington's life since she was a child, taking piano lessons and being raised by her mother and father, both musical. After moving to Belleville, Herrington sat in the congregation for a year before finding the courage to join the choir. Since joining, Harrington has enjoyed the social aspect of being in a musical group.



(Above) Doug Comeau, artist and owner of Timberwolf Gallery, holds the coin which he designed for the Canadian Royal Mint series. The agency approached him in 2012. "They were looking for realists in graphite or colour pencil or a fine medium that has really fine detail for the coin, in order to stamp and do what they want to do." Photo by Sarah Taylor

(Right) Rivers Corbett, co-founder and CEO of Relish Gourmet Burgers, poses for a photo at his company's Fredericton, N.B. restaurant in October. Photo by Andrew Meade

