



Photo by Bryan Eneas

Ben Slinn, 27, ollies over a chair at the stage in Trenton on Sept. 9. Slinn says that the amount of effort that skateboarders put into what they do is what really forms the bond and sense of community among themselves.



(Above) First-year cadets of 7th squadron help each other get over a wall during the obstacle course at Royal Military College in Kingston on Sept. 26. Dubbed “the red wall,” team-mates must get everyone over the wall to complete the challenge. It is a physical and mental test.

Photo by Andrew Lahodynskyj

(Left) Padraic Moore of Prince Edward County throws his weight into competition at the 2014 Trenton Scottish and Irish Festival, held Sept. 6. The Canadian amateur champion in stone throw has been competing in Highland games all over the country for the past three years. When he’s not throwing, he’s flexing his business muscles as proprietor of Never Back Down, an online-based competitive fitness supply retailer.

Photo by Andrew Johnson

Marisa Mielke leads her team, the Lifesavers, through the mud crawl. This was just one of many obstacles laid out before them during the Grapes of Wrath on Sept. 13. The Lifesavers raised \$1,605 towards the Canadian Cancer Society’s goal of \$50,000.

Photo by Amanda Paulhus

