

Cherry Ann Mendez is an opera singer and co-founder and artistic director of Ars Musica, Canada's ethnocultural music and opera company. Originally of Trinidadian descent, Cherry Ann Mendez has appeared in concerts at the White Mountains Festival in New Hampshire, Queen's Hall in Trinidad, the Purcell Room in London, England and the Gubbio Festival in Italy. She is shown at her home in Toronto on Oct. 26. Photo by Moush Sara John



Photo by Curtis O'Connor A man, down in his luck, chats with passersby as he sits outside a bank in downtown Belleville.

Monica Chamberland reaches for the yogurt that is passed to her by **Graham Jackson** in Waterloo, Ont., on Oct. 16. Monica and Graham have been dumpster diving for years. It is an intentional lifestyle choice to help lessen the impact of food waste and fight the Western culture of overconsumption. Photo by Amanda

Cheung





Photo by Amanda Paulhus

Gabrielle Smith, 19, was diagnosed with non-purging bulimia in December 2012 when she was 17. Smith said that she recovered in February 2014 at the age of 18, but still deals with emetophobia, the fear of vomit. Smith's comfort is sitting in the shower.



Photo by Gretchen Chi

A customer sits in Burger Revolution, Belleville, enjoying his burger and making funny



Photo by Gabrielle Smith

Rorrie Macdonald eats a sandwich in the lunch room at Campbell's Auto Shop in Belleville on Oct. 29. Macdonald has been working at the shop on and off for the past 35 years.