



Photo by Graeme Murphy

A chilly way to fish

Arnoldo Ramirez (centre) of Hamilton, Ont. and Justin Syr (immediate left) of Burlington, Ont. take part in the 'shirts off, fish on' competition at the Merland Park sixth annual ice fishing derby in Picton, Ont. This is their first year attending the derby. For another photo and the story, see page 2.

Policy provided on sexual assault and violence

Ontario college presidents create specific protocols to address this issue
By Elaine Bombay

Last month, the presidents of Ontario's colleges drafted a stand-alone policy about sexual assault and sexual violence on campus.
Following a number of high profile stories about sexual violence on university campuses in the past couple of years, a lot of attention has been given to the so-called "rape-culture," especially on post-secondary campuses.
In November, the presidents of Ontario's 24 colleges of applied arts and technology agreed on the need for a stand-alone policy and protocol for sexual assault and sexual violence. A

Toronto Star investigation revealed that none of the schools had a special policy on this issue.
Loyalist College President Maureen Piercy released a statement about the protocol on Friday.
"Protecting our students and everyone on our campuses is essential. The new policy and protocol will help ensure that clear information is widely available and that there is immediate and effective help for victims of sexual assaults."
Linda Franklin, president and CEO of Colleges Ontario, the advocacy organization for the province's publicly funded colleges, said "The issue isn't that nothing has been in place.... We don't have stand-alone policies on sexual assault at most colleges and that's meant that sometimes students have had trouble accessing the information."
The purpose of the new policy and protocol documents is to make it easy

for students to find the information they need quickly and to have consistency throughout the provincial college system.
The draft policy is now in the hands of the college presidents, who have until the end of March to seek local input and finalize their school's policy and protocol.
Dianne Spencer, executive director of college advancement and external relations at Loyalist, said the president will soon outline the consultation process for the college.
Franklin said that it is hard to know in a definitive way how widespread sexual violence is on college campuses.
"Not a lot of sexual assault is reported on college campuses. The fact that a lot of colleges don't have residences makes a bit of a difference," she said. "It's quite clear from statistics and research that sexual assault is underreported."
Gail Chipertzak of the Sexual Assault Centre for Quinte and District, agreed.

"It does happen. It's just that people don't talk about it." She added that some people might choose not to report an offence to their school, but rather seek help from a hospital or centre off-campus.
Sexual assault, a criminal offence, is defined as any kind of unwanted sexual act, and can range from unwanted touching to penetration. It is characterized by the use of force, threats or control.
Sexual violence is a broader term that describes any violence, physical or psychological, that has sexual meaning. It can include verbal abuse of a sexual nature, as well as sexual assault.
Yesterday, the CBC released the results of an investigation on sexual assault reporting on campuses across the country. It said that the number of reported assaults on college and university campuses across the country is below the national average.
A study of 87 colleges and universities revealed 727 reported sexual assaults

in the past five years. Sixteen schools reported no sexual assaults in that time period. Loyalist College was not part of the study, which focused on universities with more than 1,000 students and colleges with more than 10,000 students.
The new policy that has been drafted by the colleges is very clear on the right to come forward and to be believed, said Franklin. It also tries to find the balance between the rights of the accuser and those of the accused, she added.
"It has lots of checks and balances, we think, to make sure that everybody's rights are respected," said Franklin. "The policy has a section that ensures due process for the accused and talks about how we would handle frivolous or vexatious complaints."

...Policy, page 2



Photo by Andrew Lahodinsky

A new sporting perspective

Tyler Clarkin, a student from the recreation and leisure program at Loyalist College, watches as his shot nears the rim during a wheel-chair basketball exercise in the gym. Second-year students from fitness and health promotions as well as recreation and leisure services participated in this workshop to provide knowledge and skills to help them adapt a range of activities for participants with disabilities.

Liberals look at balance between security and privacy

By Andrew Meade

The Liberal Party of Canada hopes to balance safety and security with citizen's rights to privacy and freedom by supporting the Conservative government's omnibus anti-terror bill, C-51.
Federal leader Justin Trudeau met last week with his caucus and concluded members would support the legislation.
Mauril Bélanger, the member of Parliament for Ottawa-Vanier, spoke about the bill to a room of supporters at a Liberal party event at Capers Restaurant in Belleville on the evening of Feb. 5.
"Yesterday morning we had a very strong, thorough discussion in our caucus and the conclusion was the one that our leader pronounced: we will support the bill, yet when it goes to committee, we will introduce amendments," said Bélanger.
"We expect the amendments to not be accepted but we will commit to them and put them in our platform and that is the first thing we are going to do when we form a government because that is essential."
Not all Canadians agree with government agencies and other entities having access to their electronic data.

...See Liberals, page 2



Photo by Andrew Johnson

A speedy competition

Cameron Bristol passes David Postman at the Brighton Speedway during the annual Bay Marine Oval Ice Race on Feb. 7. Drivers from all over Ontario competed in a high-speed race around the snow and ice track in sub-freezing temperatures, from four-wheelers to snowmobiles.

Dental hygienists show their care with free service

By Elaine Bombay

Free dental care was offered Saturday in downtown Belleville as part of a nationwide dental hygiene day called Gift From the Heart.

Bev Woods, a registered dental hygienist and co-owner of Independent Dental Hygiene Associates in Trenton, founded Gift From the Heart seven years ago.

“It’s my way to give back to my community as a dental hygienist. We wanted everyone to have access to dental hygiene care.

“So along with 16 of my colleagues across Ontario, we started this ... a one-day free, no-cost, dental hygiene day. Since that time, this being the seventh year now, it has gone coast to coast in Canada. I think we have 110 or 115 locations across Canada participating today,” she said.

When the clinic at Maxwell College on Front Street opened at 8:30 a.m., there were already people lined up for appointments. Some had been there since 4 a.m., said Woods. The clinic had 50 booked appointments, in addition people who were dropping in with no appointments.

The clinic was staffed by about 20 volunteers, including 15 dental hygienists.

A dental hygienist for 30 years, Woods knows many in the community cannot afford dental care.

It’s not just those who have fallen on hard times. For the self-employed, those without workplace dental insurance and seniors, it is often a choice between putting food on the table and dental care.

“Every year, I am astounded by the number of people who cannot afford basic, basic care. I’m not talking about having your teeth done with beautiful veneers, or crowns and bridges, or having whitening done. I’m talking about just the

basic, someone to look at them and help you to care (for your teeth), because that is your whole well-being,” said Woods.

“If we could help people keep their oral health up to good standards, they would eat better, they would keep their natural teeth longer, they would digest food better, they would live a long and healthy life. Heart disease – there are so many things that all link up with the oral cavity first. That should be number one, it should be not be a luxury,” she said.

Kayla Koomans came on Saturday for a check-up and cleaning. The high cost of dental care and some bad experiences in the dental chair meant that she had not had her teeth checked for several years.

“It’s an awesome opportunity for people. It is good for people with dentist anxiety. (The hygienist) explained everything and made me feel at ease,” she said.

A check-up is about more than just

clean teeth. A dental hygienist will assess your oral cavity, saliva ducts, tongue and throat and screen for oral cancer. They will also look at your face to determine your overall health.

“Your inside relates to your outside as well,” said Woods.

For those who find the cost of dental care prohibitive, Woods advises them to check with the health unit for services for which they may qualify.

“If you can’t afford a toothbrush, use a sugarless gum or a natural gum to increase the saliva in your mouth. Taking a washcloth and just making sure that you wipe your teeth off, all the surfaces of your teeth—you can use that. Even for young children growing up, you can go back to the basics. There are home remedies that you can be using at home (so) that you don’t have to buy products off the shelf,” Woods said.

Just ask your dental hygienist.

Canvassers ask you to give from the heart

By Amanda Paulhus

Throughout the Belleville area, red toques featuring a white heart can be spotted as Heart and Stroke volunteers begin door to door canvassing for donations during heart month.

Sandra Barnes, a program co-ordinator for the Heart and Stroke Foundation, said that their goal this month was to raise \$135,000.

Approximately 1,360 people have volunteered so far from the campaign. These volunteers are spread out over a vast area that includes from Belleville to Bancroft, Tyendinaga, Trenton, Brighton and Prince Edward County.

“A lot of people ask us where our donations go,” Barnes said. “We have it go-

ing into research, which we’ve raised \$38 million for. It goes into AEDs (automated external defibrillator) and we’re proud to say that in the Quinte area, every school has an AED and it’s there for life-saving treatment. Last year we sent home a 165,000 people.”

Another goal of the organization is to eventually place AEDs into more public community places such as apartment buildings.

Barnes also broke down the donated dollar for people who are concerned as to where their money is going.

“Only seven cents goes into administration. 54 cents goes directly to our mission, which is doing research for treatment and programs, and then 39 cents goes into fundraising and awareness.”

Barnes joined the Heart and Stroke

Foundation in September of last year. Her passion for the campaign stems from personal experience. Her father suffered from a heart attack while her husband suffered from cardiac arrest.

Because of life-saving treatment, her father lived a normal life for another 22 years. Her husband received severe global injuries and has not made a complete recovery but Barnes said he has come a long way thanks to treatment.

“That’s why I’m really passionate and I really want us to be successful and raise awareness,” Barnes said.

At the start of the month, the Heart and Stroke Foundation released a research paper to demonstrate their achievements so far. It states that over the last 60 years they have helped reduce the rate of death from heart disease by 75 per cent. Barnes said

that there is still a long way to go.

“When you think about the world, you have heart and stroke and cancer, those are the two big organizations and they’re big for a reason because they are the number one killers,” Barnes said.

The Heart and Stroke Foundation will host several other fundraising events throughout heart month including a Belleville Bulls game where prizes can be won through a Chuck-A-Puck competition during intermissions. These prizes include a Family Day themed basket and a hockey stick signed by the Bulls.

“It doesn’t matter what other disease or illness you may have, you can’t live without your heart,” Barnes hopes that people will be encouraged to open their doors to the volunteers and donate this heart month.

Couples make their own dinner for two

Culinary students help participants make their Valentine’s dinner

By Gabrielle Smith

Love was in the air at Loyalist College Saturday afternoon.

Guided by second-year culinary management students, 13 couples made Valentine’s Day dinners at Club 213’s Make it Together Forever event.

The students coached them through the four-step experience of preparing a gourmet meal. The couples alternated in groups through the front of house, appetizer, line (main course), and bakeshop, guided by second-year students, to prepare their Valentine’s meal.

At the end of the afternoon, each couple left with a gift basket, a collection of culinary tips from soon-to-be culinary graduates, and a three-course meal of mushroom, spinach and goat cheese-stuffed chicken or pork with potato gallette and green beans, and chocolate ganache tarts with chocolate tuxedo strawberries for dessert.

Sue Whitby came to the event with Gary Whitby, her husband of 17 years. She found out about the event through Club 213, the culinary program’s restaurant, which the couple frequents and refers to as “the best-kept secret in town.”

“I just wanted something different to do on Valentine’s Day rather than the



Photo by Gabrielle Smith

Michael Labossiere demonstrates dipping strawberries in chocolate while Crystal Hepburn assists at Loyalist College’s Make it Together Forever event last Saturday. Couples were invited to prepare their own gourmet Valentine’s Day meals, guided by second-year culinary management students at the college.

same old going for dinner.

“It was great! We enjoyed ourselves. I hope they do it again and more people get involved.”

Make it Together Forever was part of the students’ event management class, and Selena Martin, student-appointed chair of the event, said her classmates worked hard to arrange every aspect of the day.

“We have had every input – from the

idea of the event to what’s going to be served, to what it’s going to cost, to what it’s going to look like in the dining room. We were told, ‘OK, we’re going to do something for Valentine’s Day. Plan an event – go,’ so that’s what we did.”

Despite the minor hiccups of any first-time event, the students pulled together. The guests left with smiles on their faces and a hand-made gourmet meal in hand,

and got to walk through two lines of cheering culinary students and staff on their way out of the dining room.

Martin said she would love to see the event continue into next year, potentially becoming an annual event.

“I think this year was a great success and people really enjoyed it, so hopefully we’ll have more people show up next time and it will be more organized.”

Liberals...

Continued from Page 1

A 2014 survey conducted by the Office of the Privacy Commissioner of Canada reported 78 per cent of Canadians were concerned about how their online information might be used in regards to government surveillance.

The legislation was introduced in the wake of the October shooting of Cpl. Nathan Cirillo in Ottawa and the vehicular attack on Canadian Armed Forces members in Saint-Jean-sur-Richelieu.

The bill introduces new sweeping powers to the Canadian Security Intelligence Service, allowing monitoring of citizens’ Internet activity, preventative detention and disruption of potential terrorist attacks as well as the ability to take down ‘terrorist propaganda’ or websites that disseminate this information that are based in Canada.

Conservative member of Parliament for Prince Edward-Hastings, Daryl Kramp said that the law governing CSIS and their ability to act is outdated and needs to be reviewed so it is current with world we live in now.

“We have to recognize that the CSIS Act is over 30 years old and when it came in we lived in a different world. No one ever thought about terrorism on a small scale let alone on a major global stage. Regretfully, we are in that world we live in now that terrorism is now the challenge of our generation. I think that we need to find an effective way to deal with it on all fronts and certainly legislation is one front but by no means is the entire solution,” said Kramp.

Opinions on C-51 are varied, with many critics claiming that the increased powers and broad scope of the laws will infringe on citizens’ civil rights, label groups opposing government initiatives as terrorists and make dissenting individuals or sympathizers subject to incarceration or detention.

This is not the first time Bélanger’s party has experienced the need for laws as a result of terror threats. Bélanger sat in the House under Jean Chrétien when planes crashed into the World Trade Center in September 2011.

Bélanger said if amendments, as proposed by the Liberals, are implemented, then the needs of Canadians will be met.

“We’ve been there before, folks, as a Liberal government in 2001, and we did introduce anti-terrorism legislation at the time. Actually, the bill is tampering with what we did back then.

“The key is balance. Yes, every single Canadian that I know of wants their security protected – there’s no denying that – and that is why we will support the bill.”

The federal Conservatives feel that there also needs to be balance in the bill and the government will go to examine the law to see that the bill passes through the House.

“I think there is always the discussion of the effective balance between public safety and the protection of our civil liberties,” said Kramp. “I think that is valid. I know I’ve certainly taken a look at the legislation and I’m pretty comfortable that we’re striking the right balance on this.”

Critics of the Conservatives’ new legislation are concerned the bill could hinder the very values it is designed to protect. The possibility of statutes infringing on charter rights is something that needs to be examined, critics say.

Asked about potential constitutional challenges against Bill C-51 in the future, Bélanger said it is a complicated area and he was unsure if there had been a charter test, something that he said was a frequent practice before installing new laws when in power with the Liberals.

“We get a sense that charter tests may not be as automatic or as thorough now than in the past and that is driven by the number of times that the Supreme Court has struck down legislation based on the charter ... We just don’t know at this stage.”

Although Bélanger and his party will support the bill, he said he is concerned that while it will increase security there are some things lacking.

“Some of the measures they are passing are positive to ensuring the greater safety and capacity for safety of Canadians. What are lacking, however, (are) finances and resources for RCMP and CSIS because they’ve asked for more and they are not getting it so that will have to follow. If you pass a bill and increase the authority but not the resources, what is the point?”

Parliamentary oversight is something on which Bélanger and the Official Opposition agree. To maintain balance between security and individuals’ rights, supervision and oversight needs to exist, he said.

This exists in the governments of Canada’s intelligence allies, the Five Eyes (United States, Australia, New Zealand and England) but Belanger says this is something the Conservative government is not prepared to do.

Policy...

Continued from Page 1

Spencer said that the creation of this policy is an opportunity for post-secondary institutions to take the leadership on this issue that impacts all of society.

“We can help people understand what is appropriate and what is not appropriate. It’s an opportunity to say it’s time we focused on this. The college community is part of a broader community.

“We are sensitive to ensuring that this campus is safe to all people, all of the time,” Spencer said. “We work hard to provide a safe and respectful atmosphere.

“With this new policy, no one should ever be in a situation where they cannot find the support they need,” she added.

Bulls fall to North Bay Battalion



Photo by Graeme Murphy

Belleville Bulls forward Maurizio Colella, No. 27 is toppled by North Bay Battalion defenceman Kyle Wood, No. 3, during second period in a game at the Yarmen arena in Belleville Ont. The game resulted in a 3-2 shootout victory for the Battalion.

Overtime shootout resulted in loss at the Yardmen Arena

By Graeme Murphy

The Belleville Bulls went head to head with the North Bay Battalion at the Yardmen Arena in Belleville on Saturday night resulting in a 3-2 win for the Battalion.

The Bulls had just come from a pull through win over the Kingston Frontenacs, which nested them in sixth place in the Ontario Hockey League's eastern conference. However they were to follow poorly in an unfortunate shootout to the Battalion.

The first period of the game went on fairly quietly, with no goals scored despite the Bulls taking 10 shots to the Battalion's eight. The period also saw no penalties, leaving the stands buzzing in anticipation with excitement in the next period.

In the second period, the Bulls' patience was rewarded as four minutes and 40 seconds into the play, forward Brett Gustavsen scored the game's first goal after receiving a pass from forward Michael Cramarossa and another assist from defenceman Justin Lemcke. The goal was Gustavsen's 14th of the season.

With only 1:13 left to go in the period, newcomer Trent Fox managed to fire the puck past Battalion goaltender Jake Kment. Matt Luff and Brandon Saigeon assisted Fox with his 10th goal of the season. The arena saw moments of joy as the period ended with a score of 2-0 for the Bulls, but the celebrations would end.

North Bay turned the game around in period three, taking the Bulls by surprise and leaving the stands in awe. At 8:29, forward Brenden Miller landed the Battalion's first goal of the night un-assisted, planting his 13th goal of the season behind goaltender Charlie Graham.

Mathew Santos secured the Battalion's second goal with only 1:45 left in the period. It was his sixth goal of the season. Fingers were crossed as the game moved into overtime.

An uneventful overtime saw no result, allowing the game to be decided by shootout. Ultimately, Swedish player Alex Henriksson scored the deciding goal, winning the game for North Bay.

The Belleville Bulls take on the Ottawa 67's this Wednesday, Feb. 8 at 7:05 p.m.

Participants take a frosty dip in the lake

By Franki Ikeman

More than 70 people braved cold temperatures and freezing rain at Crawford Dock in Kingston on Sunday for the fourth annual Ontario Law Enforcement Polar Plunge.

Teams came together to raise money for Special Olympics Ontario and jumped off the pier at Crawford Dock into the frigid waters of Lake Ontario.

Though the temperature was approaching -30 degrees C with the wind chill, with freezing rain covering everything in ice, people were excited for their chance to jump into the chilly water.

OPP Const. Stacey Campbell, one of the organizers of the plunge, said that although the weather

made it much colder for the plungers, they have never had to cancel the plunge and everyone still had a great time. Campbell said that they decided to bring plungers out in groups of 10 in order to make their time spent outside less.

Prizes were awarded to those who raised the most money, with the highest individual fundraiser winning a pair of tickets to a Toronto Maple Leafs' game.

The Professionals, a team made up of dentists, doctors, and lawyers in the community, came out on top in the team category, raising over \$15,000. They won a set of Kingston Frontenacs tickets.

Campbell said that the final tally won't be in until later, but that she is fairly confident that they raised over \$34,000 this year – and that donations are still coming in.

She said that for her, this is a great way to give back to the community and see the good that's here.

"As a police officer, you know we deal with a lot of different things at work, some being positive, some being negative so this is a very feel-good thing for myself as a police officer to be involved in such a great initiative and a great fundraiser. It is a way for me to get the community involved in a very positive way to support our athletes that need it the most and that's the athletes with intellectual disabilities," said Campbell.

The plunge is in support of the Torch Run, a massive fundraising effort for Special Olympics Ontario by law enforcement agencies across the province.

"I know almost every athlete in the Kingston area

personally and they're very proud. They call it in the Ontario law enforcement torch run and refer to us as the guardians of the flame.

"If they weren't to receive the support and the funding that we give through these sorts of initiatives and events, they wouldn't be able to compete in the sports that they can," said Campbell.

The weekend's plunge saw support and participation from the OPP, Kingston Police, Military Police, provincial and federal corrections, the RCMP, the CBSA, and Policing Foundations program.

Plunges have happened and will happen in cities and towns across the province, including Kingston, Hamilton, Windsor, York Region, Ottawa, Peel Region, Sudbury, Owen Sound, and Thunder Bay.

Anglers go topless at fundraiser

Unique twist raised funds for Terrific Kids

By Graeme Murphy

Anglers from around Ontario and Quebec came together this weekend to compete in a fishing competition with a frigid twist: a 'shirts off' ice fishing adventure held in the icy clutches of the winter cold.

For three days, avid ice fishermen congregated at Merland Park resort in Picton for the sixth-annual ice fishing derby. It raises funds for the Kiwanis International 'Terrific Kids' program.

As outlined in the organization's website, -'Terrific Kids' - is a student recognition program in support of empowering youth. It's a program that promotes character development, self-esteem and perseverance by helping children set goals and to provide support to help reach them.

The derby's competition entry fee was \$250 and public admission was \$20.

Kevin Lavers, owner of Merland Park resort, said he was confident in the growth of his derby.

"We are trying to build it slowly," he said.

"Last year, we had 60-km/h winds - so that was an excuse for the locals to stay home, but this year it's not too bad. There's no excuse. I want people to come



Photo by Graeme Murphy

Blake Wisniewski, 2, enjoys a bit of ice fishing at the Merland Park sixth annual ice fishing derby in Picton, Ont.

out and enjoy the games because it's for a good cause. I really want to keep this going."

With prizes like a black heated jacket, a fish fry kit, gift cards and duffle bags, tailor-made golf clubs, and heated camo-

flauge jackets, the games were set and the stakes were high.

The second day of the derby featured

games like the 'minnow to win it' minnow mouth pass, closest to the hole golf, pitch and release fishing and the most popular, the 'shirt off, fish on' competition in which all participants prepared their rods with bait, removed their shirts, and fished shirtless for five minutes, first catch wins.

Mike Forbes of Hamilton, Ont. was this year's winner of the shivering competition.

"This is my second year coming to this event. I've only been fishing for about three years now and ice fishing is a big passion. Its just about spending time, bouncing around and finding where the schools are going" said Forbes.

As it was Forbes first time ice fishing without a shirt, he could attest to the cold experience during the thirty seconds it took for him to win the prize.

"I gotta tell ya, fishing shirtless in this weather is real cold," said Forbes. "It takes real endurance to be able to will yourself to do something like that, hang out half naked in the bitter weather over a frozen lake.

"It took guts and the will to win and all I had to do was set the butter worm on my lure, and drop it in the hole. I reeled three times, jigged my lure twice and I had my three-and-a-half inch perch. Not even 30 seconds and those golf clubs were mine!"

The on-ice games wrapped up Saturday with a total of 70 participants, 48 of whom travelled from afar. The chilly weekend ended with \$1,700 raised for the Kiwanis organization.