



May McDonald laughs in the living room of her Ottawa home on Feb. 20. McDonald has been blind since 1990 when she was pushed off a playground slide at the age of 12. She has since adjusted to life without sight and is now armed with the mindset that her disability can't stop her from doing anything she wants to accomplish. She is studying at Carleton University, hoping to work with children with disabilities and instill the same optimism and independent drive that has taken her years to develop.

Photo by Gabrielle Smith

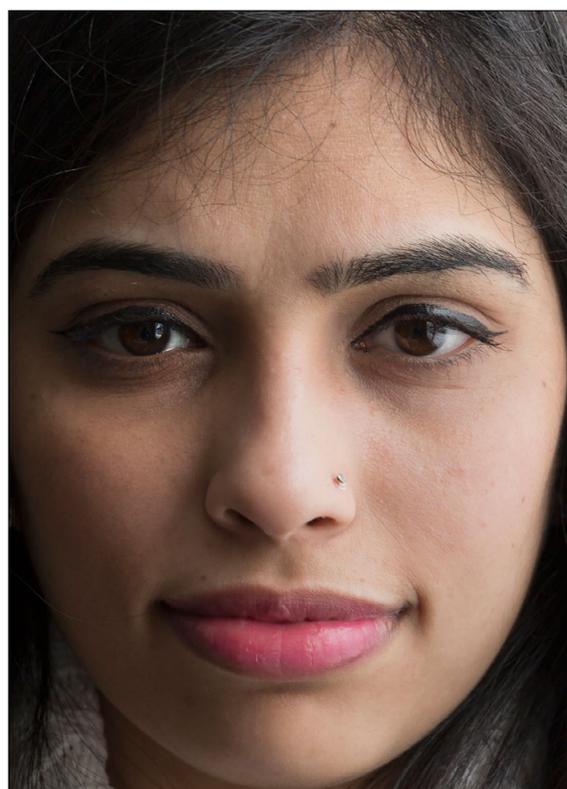


(Above) Jenna Blais is a second-year advertising student at Algonquin College in Ottawa. She poses for a food photoshoot with a strawberry on Feb. 20. Blais says she does not particularly like strawberries, but decided it would be a fun idea.

Photo by Sarra Lalonde

(Right) Ethiopian-born Abal Digne has lived in Canada for 30 years. He likes to dress up and owns 24 suits. He was photographed in Toronto on Sept. 13. "In Toronto, people have no style, unlike Rome, where I used to live. There, people are extremely stylish."

Photo by Giovanni Capriotti



(Above) Dianne Wilson, 64, and Mia Jurgens, 75, share a moment after their yoga class at the Quinte Sports & Wellness Centre. Wilson and Jurgens met through exercising and they have been friends for almost nine years. Photo by Amanda Cheung

(Left) Daji Krishna poses for a photo on Feb. 24. Krishna married a Canadian and moved to Canada two years ago. She believes that women in Canada are more independent than women in her native India.

Photo by Elaine Bombay